



Carlson®

E•Gems® 400 IU (268 mg) *Plus* Vitamin E

DIETARY SUPPLEMENT

✓ Heart Health* ✓ Antioxidant* ✓ Optimal Wellness*
250 Soft Gels

Supplement Facts

Serving Size 1 Soft Gel

Servings Per Container 250

	Amount Per Serving	% DV
Vitamin E (as d-alpha tocopherol from soy)	268 mg	1,787%
Total Mixed Tocopherols	95 mg	†
Gamma Tocopherol	70 mg	†
Beta and Delta Tocopherols	20 mg	†
† Daily Value (DV) not established		

Other Ingredients: Soft gel shell (beef gelatin, glycerin, water), soybean oil.

Directions: Adults: take one soft gel once or twice daily **at mealtime.**

POTENCY & QUALITY GUARANTEED

Dist. by Carlson Division of J.R. Carlson Laboratories, Inc.
Arlington Heights, IL 60004 USA • 888-234-5656
www.carlsonlabs.com • **An FDA Regulated Facility**

E-Gems® Plus
provides the most biologically active form of vitamin E, d-alpha tocopherol, plus a mixture of d-beta, d-delta, and d-gamma tocopherols.

✓ **Gluten-free**
✓ **No Artificial Preservatives**

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.



0442-4a