Carlson®

E·Gems®

400 IU (268 mg)

DIETARY SUPPLEMENT

✓Heart Health* ✓Antioxidant* ✓Optimal Wellness*

90 Soft Gels

Supplement Facts

Serving Size 1 Soft Gel
Servings Per Container 90

	Amount Per Serving	% Daily Value
Vitamin E (as d-alpha tocopheryl acetate from soy)	268 mg	1,787%

Other Ingredients: Soft gel shell (beef gelatin, glycerin, water), sunflower oil, soybean oil.

Directions: Adults: take one soft gel once or twice daily **at mealtime**.

POTENCY & QUALITY GUARANTEED

Dist. by Carlson Division of J.R. Carlson Laboratories, Inc.
Arlington Heights, IL 60004 USA • 888-234-5656
www.carlsonlabs.com • **An FDA Regulated Facility**

E-Gems® provide 400 IU (268 mg) of natural-source vitamin E per soft gel. Natural-source vitamin E is a powerful antioxidant that promotes cardiovascular system health and optimal wellness.*

✓ Gluten-free
✓ No Artificial Preservatives

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

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