



Carlson®

E•Gems®

400 IU (268 mg)

DIETARY SUPPLEMENT

✓ Heart Health* ✓ Antioxidant* ✓ Optimal Wellness*

60 Soft Gels

Supplement Facts

Serving Size 1 Soft Gel

Servings Per Container 60

	Amount Per Serving	% Daily Value
Vitamin E (as d-alpha tocopheryl acetate from soy)	268 mg	1,787%

Other Ingredients: Soft gel shell (beef gelatin, glycerin, water), sunflower oil, soybean oil.

Directions: Adults: take one soft gel once or twice daily **at mealtime**.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

POTENCY & QUALITY GUARANTEED

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E-Gems® provide 400 IU (268 mg) of natural-source vitamin E per soft gel. Natural-source vitamin E is a powerful antioxidant that promotes cardiovascular system health and optimal wellness.*

✓ **Gluten-free**
✓ **No Artificial Preservatives**



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