



Carlson®

E•Gems®

100 IU (67 mg)

DIETARY SUPPLEMENT

✓ Heart Health* ✓ Antioxidant* ✓ Optimal Wellness*

250 Soft Gels

Carlson. Providing the highest quality nutritional supplements since 1965

Supplement Facts

Serving Size 1 Soft Gel

Servings Per Container 250

	Amount Per Serving	% Daily Value
Vitamin E (as d-alpha tocopheryl acetate from soy)	67 mg	447%

Other Ingredients: Soybean oil, soft gel shell (beef gelatin, glycerin, water).

Directions: Adults: take one soft gel once or twice daily **at mealtime.**

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

POTENCY & QUALITY GUARANTEED

Dist. by Carlson Division of J.R. Carlson Laboratories, Inc.
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E-Gems® provide 100 IU of natural-source vitamin E per soft gel. Natural-source vitamin E is a powerful antioxidant that promotes cardiovascular system health.* Natural-source vitamin E is twice as active inside our body as synthetic vitamin E (by weight).*

✓ **Gluten-free**

✓ **No Artificial Preservatives**



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