

DIRECTIONS FOR USE: 1 softgel as needed. Keep bottle tightly closed. Store in a cool, dry place. *Carpe CBDiem!*[™]

Non-GMO • Gluten Free
BPA and Phthalate Free Bottle

Barlean's is U.S. Hemp Authority[™] certified for superior manufacturing processes.

WARNING: Consult your physician before use. Do not take if you are pregnant or nursing. Keep out of reach of children.

Patents: www.barleans.com/patents



IDEAL CBD

Hemp Oil Softgels

450 mg CBD | 15 mg CBD
per serving

Less than 0.3% THC

15 mg
CBD
per serving



actual size

30 Softgels

Dietary Supplement

Supplement Facts

Serving Size 1 Softgel
Servings Per Container 30

	Amount Per Serving	% DV
Calories	5	
Total Fat	0.5 g	1%*
Saturated Fat	0.5 g	3%*
Full Spectrum Hemp Extract		
(Aerial Plant Parts)	21 mg	†
Cannabidiol (CBD)	15 mg	†

*Percent Daily Values (DV) are based on a 2,000 calorie diet.
†Daily Value (DV) not established.

Ingredients: MCT oil (coconut and/or palm kernel), softgel (gelatin, glycerine, water, and caramel color), full spectrum hemp extract, natural mint flavor.

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