

Mood Stabili-T Emotional Support*

- Supports a feeling of calmness and emotional wellbeing*
- Supports mood and nourishes the nervous system*
- Promotes proper blood flow, transporting oxygen and nutrients throughout the body*

LifeSeasons® Formulated for Life.

We create products that are formulated to address specific health concerns that commonly occur through all stages of life. We develop the most effective and potent combination of nutrients, using clinically-tested, natural ingredients that the body can easily absorb.

Manufactured for LifeSeasons®
708 Valley Ridge Circle, #3
Lewisville, TX 75057
www.lifeseasons.com
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Mood Stabili-T helps build a more positive outlook.*

Saffron - Used in traditional Persian medicine and throughout the Mediterranean for centuries*

Ginkgo - Promotes blood flow to the brain and supports nerve cells*

Rhodiola - Supports the body's ability to resist stress and combat fatigue*

L-Theanine - This amino acid nourishes the nervous system and helps the brain produce important neurotransmitters that impact mood*

Vitamin D3 - Vital nutrient affecting many aspects of human health, including brain and emotional health*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

R3.0818



LifeSeasons®

Mood Stabili-T Emotional Support*

Saffron

Ginkgo

Rhodiola

L-Theanine

Vitamin D3

Dietary Supplement
60 Vegetarian Capsules

Suggested Use: Take 2 capsules daily with food.

Supplement Facts

Serving Size: 2 capsules daily
Servings per container: 30

	Amount per serving	% Daily Value**
Vitamin B3 (as niacinamide)	50 mg	250%
Vitamin B6 (as pyridoxyl-5-phosphate)	20 mg	1000%
Vitamin B12 (as methylcobalamin)	500 mcg	8333%
Folic Acid (as 5-formyl-tetrahydrofolate from calcium folinate)	400 mcg	100%
Vitamin D3 (as cholecalciferol)	800 IU	200%
Zinc (as zinc citrate)	25 mg	166%
L-Theanine	150 mg	†
Ginkgo leaf extract (<i>Ginkgo biloba</i>) (24% [28 mg] flavone glycosides, 6% [7 mg] terpene lactones)	120 mg	†
Rhodiola root extract (<i>Rhodiola rosea</i>) (3% [3 mg] rosavin, 1% [1 mg] salidroside)	100 mg	†
L-Tyrosine	50 mg	†
Lemon Balm leaf (<i>Melissa officinalis</i>)	50 mg	†
Passion Flower (<i>Passiflora incarnata</i>)	50 mg	†
5-HTP (from <i>Griffonia simplicifolia</i> seed extract)	50 mg	†
Saffron stigmas (<i>Crocus sativus</i>)	20 mg	†

† Daily Value not established.

**Percent Daily Values are based on a 2,000 calorie diet

Other Ingredients: Hypromellose (vegetable cellulose), rice bran and silica.

DOES NOT CONTAIN artificial colors, gluten, preservatives, yeast, wheat, soy, corn and milk.

**GLUTEN FREE
VEGETARIAN FORMULA**

NO MAGNESIUM STEARATE

**DO NOT TAKE WITHOUT FIRST
CONSULTING YOUR HEALTH CARE
PROVIDER.**