

Carlson. Providing the finest Norwegian omega-3s since 1982

Supplement Facts

Serving Size 1 Soft Gel Servings Per Container 60

Amo	unt Per Serving	% DV
Calories	10	
Total Fat	1 g	1%**
Vitamin D (as cholecalciferol)	50 mcg (2,000 IU)	250%
Norwegian Fish Oil Concentrate	e 1 g	†
Total Omega-3 Fatty Acids®	700 mg	†
EPA (Eicosapentaenoic Acid)®	400 mg	†
DHA (Docosahexaenoic Acid)	200 mg	†
Menaquinone (MK-7, Vitamin K ₂)	90 mcg	†

^{**} Percent Daily Values are based on a 2,000 calorie diet. † Daily Value (DV) not established. Reported as triglyceides. Other Ingredients: Soft gel shell (beef gelatin, glycerin, water), sunflower oil, natural lemon flavor, natural mixed toopherols, rosemary extract. Contains fish (anchovy, sardine, mackere), lack mackerel).

Directions: Adults: take one soft gel daily at mealtime.

Provide your body with the powerful nutrient trio of omega-3s, vitamin D3, and vitamin K2 as MK-7. The beneficial omega-3s EPA and DHA support heart, brain, vision, and joint health.* Vitamin D3 is critical for maintaining bone, teeth, muscle, and immune health.* MK-7 is the most bioactive vitamin K form and plays an important role in promoting bone and cardiovascular health.*

✓ Gluten-free ✓ No Artificial Preservatives

Warning: Vitamin K can antagonize the effect of anticoagulants including Warfarin.

Do not take this product if you are taking Warfarin or are pregnant or breastfeeding without first consulting with your physician.

PURITY GUARANTEED

This product is regularly tested by independent FDA registered laboratories. It has been determined to be fresh and fully potent (per AOCS international protocols) and is free of detrimental levels of mercury, cadmium, lead, PCBs and 28 other contaminants.





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DIETARY SUPPLEME