

Beau-T® Hair, Skin & Nails*

- Supports healthy hair, skin & nails*
- Promotes normal growth of hair & nails*
- Supports the body's ability to nourish skin*

LifeSeasons® Formulated for Life.

We create products that are formulated to address specific health concerns that commonly occur through all stages of life. We develop the most effective and potent combination of nutrients, using clinically-tested, natural ingredients that the body can easily absorb.

Manufactured for LifeSeasons®
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Lewisville, TX 75057
www.lifeseasons.com
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Beau-T® promotes healthy tissues throughout the body and nourishes hair, skin and nails.*

Biotin - Supports cell growth and aids in strengthening hair and nails.*

Collagen - Structural protein that supports skin and fingernail quality.*

MSM (Methylsulfonylmethane) - This sulfur compound has been called nature's "beauty mineral" because it helps keep the hair glossy and smooth and keeps the complexion clear and youthful.*

Horsetail - Contains silica and antioxidants which promote healing of skin.*

Turmeric - Rich in phytonutrients, including antioxidants that promotes cellular health.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

R6.0817



LifeSeasons®

Beau-T™

Hair, Skin & Nails*

Biotin
Collagen
MSM
Horsetail
Turmeric

Dietary Supplement
90 Vegetarian Capsules

Suggested Use: Take 3 capsules daily with food.

Supplement Facts

Serving Size: 3 capsules daily
Servings per container: 30

	Amount per serving	% Daily Value*
Biotin	6,000 mcg	2000%
Zinc (as zinc citrate)	15 mg	100%
Chromium (as chromium nicotinate)	500 mcg	417%
Selenium (as selenomethionine)	200 mcg	288%
Methylsulfonylmethane (MSM)	300 mg	†
Saw Palmetto Berry extract (<i>Serenoa repens</i>)	140 mg	†
Chicken Collagen	100 mg	†
Flax seed (<i>Linum usitatissimum</i>)	75 mg	†
Oat Bran (<i>Avena sativa</i>)	75 mg	†
L-Methionine	50 mg	†
L-Cysteine	50 mg	†
Milk Thistle seed extract (<i>Silybum marianum</i>) (80% [40 mg] silymarin)	50 mg	†
Taurine	30 mg	†
Turmeric root extract (<i>Curcuma longa</i>) (95% [23.75 mg] curcuminoids)	25 mg	†
Nettle root extract (<i>Urtica dioica</i>) (4:1)	25 mg	†
Nettle Leaf (<i>Urtica dioica</i>)	25 mg	†
Red Clover blossoms (<i>Trifolium pratense</i>)	25 mg	†
White Tea leaf extract (<i>Camellia sinensis</i>) (60% [9 mg] catechins)	15 mg	†
Histidine	10 mg	†
Atlantic Kelp extract (<i>Laminaria digitata</i>) (0.4% [40 mcg] iodine)	10 mg	†
Horsetail Extract (<i>Equisetum arvense</i>) (7% [49 mg] silicon)	7 mg	†

† Daily Value not established.

**Percent Daily Values are based on a 2,000 calorie diet

Other Ingredients: Rice bran, hypromellose (vegetable cellulose), and silica.

DOES NOT CONTAIN artificial colors, gluten, preservatives, yeast, wheat, soy, corn and milk.

GLUTEN FREE

NO MAGNESIUM STEARATE

DO NOT TAKE WITHOUT FIRST CONSULTING YOUR HEALTH CARE PROVIDER.