Fall asleep faster and stay asleep longer.

Formulated by the leading brain health company, Procera Sleep is a sleep aid designed to help. you fall asleep faster and wake up refreshed and renewed. As a vegetarian based formula, Procera Sleep combines 7 sleep ingredients that make it more effective and healthier than high dose melatonin-based supplements or prescription drugs.†

Connection of Sleep to Brain & Body

A good nights sleep facilitates your body's natural renewal, detox and repair processes.†

Questions? Call 1-800-436-0110 www.ProceraHealth.com

STORE IN A COOL, DRY PLACE, KEEP OUT OF REACH OF CHILDREN.

Warning: Do not use if pregnant, lactating or under the age of 18. Do not operate heavy equipment, drive or drink alcohol while using Procera Sleep. Consult your healthcare practitioner if you are taking other medications. Do not exceed the recommended dosage.

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REPLENISH & RESTORE SERIES

SLEEP SUPPORT

Fall asleep faster and stay asleep longer, naturally.

- Promotes relaxation[†]
- Stimulates sleep[†]
- Supports balance[†]

Dietary Supplement

60 Capsules

Suggested Use: Take two (2) capsules 30 minutes before bedtime to promote a restful sleep.

Supplement Facts

Serving Size: 2 Capsules Servings Per Container: 30

Amount Per Serving		% DV
Vitamin B-6 (from pyridoxal 5'-phosphate) 2 mg	100%
Magnesium (from Mg bisglycinate)	100 mg	25%
Valerian Extract deodorized (0.8% Valerenic Acids) (root)	400 mg	*
Hops Extract (strobile PE 4:1)	120 mg	*
L-Theanine	200 mg	*
5-Hydroxy L-tryptophan (5-HTP)	100 mg	*
Melatonin (USP)	1 mg	*
*Daily Value (DV) Not Established		

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Other Ingredients: HPMC (Veggie capsule), magnesium silicate, MCT Oil, microcrystalline cellulose, silica.