

**Recommended Dosage:** As a dietary supplement, take 1 or more tablets of Goldenseal as desired. Take with a glass of water or juice. For optimum results, use this product with other Wachtlers' supplements.

THIS PRODUCT WAS SEALED FOR YOUR PROTECTION.  
DO NOT USE IF SEAL HAS BEEN TAMPERED WITH

**Caution:** Do not take for a prolonged period of time. Not to be used during pregnancy.

**Keep out of reach of children.**

**Goldenseal** is an exclusive formulation consisting of herbal and natural ingredients that has been used for centuries in Chinese Medicine and Native American Healers to cleanse the body and strengthen the immune system. Goldenseal contains several alkaloids; berberine and hydrastis that may help reduce inflammation of the mucous membranes. Berberine may also have anti-bacterial and anti-fungal properties.\*

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

This, like all of our products, contains the Wachtlers' Exclusive Blend of Sea Vegetation, a unique combination of organic compounds comprising up to 15 different species of the highest quality sea vegetation from around the world, which serves as a synergistic activator of the other ingredients in this product, thereby enhancing their effectiveness.

# WACHTERS'



**Herb-A-Sea®**  
**Goldenseal**  
**Root and Leaf**  
*(Hydrastis canadensis)*  
**Dietary Supplement**  
**90 TABLETS**

## Supplement Facts

Serving Size: 1 Tablet  
Servings Per Container: 90

|                                                 | Amount Per Serving | % Daily Value |
|-------------------------------------------------|--------------------|---------------|
| Proprietary Blend consisting of:                | 750 mg             | *             |
| Goldenseal Root ( <i>Hydrastis canadensis</i> ) |                    |               |
| Goldenseal Leaf ( <i>Hydrastis canadensis</i> ) |                    |               |
| Wachtlers' Exclusive Blend of Sea Vegetation    |                    |               |
| Chlorophyll                                     |                    |               |
| * Daily Value not established                   |                    |               |

"Wachtlers' Exclusive Blend of Sea Vegetation" is a registered trademark of Wachtlers' Organic Sea Products and is an exclusive combination of multi-marine plant sources.

Wachtlers' Organic Sea Products dietary supplements contain no preservatives, yeast, artificial colorings, artificial flavorings, sugar, starch or animal products. No heat, moisture or chemicals are used in preparation of Goldenseal Root and Leaf.

Manufactured By: Wachtlers' Organic Sea Products  
550 Sylvan Street, Daly City, CA 94014  
To report a serious adverse event or obtain product information, call 1-800-682-7100  
[www.wachtlers.com](http://www.wachtlers.com)

Made in U.S.A.  
Code # 4080