

DIRECTIONS: Preferably on an empty stomach, take one to two capsules three times a day, or as directed by your healthcare practitioner.

Consult your healthcare practitioner prior to use. Individuals taking medication should discuss potential interactions with their healthcare practitioner. Do not use if tamper seal is damaged.

L-Lysine is an amino acid essential in human physiology. Lysine is vital for normal growth and for the manufacture of collagen, a substance important for healthy skin, bones, tendons, and cartilage. Supplemental lysine may be appropriate for individuals on a high-arginine diet.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

STORAGE: Keep tightly closed in a cool, dry place out of reach of children.

DOES NOT CONTAIN: Wheat, gluten, corn, yeast, soy, animal or dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, or artificial preservatives.



L-Lysine

An Essential Amino Acid

DIETARY SUPPLEMENT
90 VEGETARIAN CAPSULES

Supplement Facts

Serving Size: 2 Capsules

Servings Per Container: 45

	Amount Per Serving	%Daily Value
L-Lysine (as L-lysine HCl)	1 g	**
** Daily Value not established.		

Other Ingredients: HPMC (capsule), medium-chain triglyceride oil, stearic acid, magnesium stearate, and silica.

Manufactured in a GMP compliant facility.



Distributed By: Village Vitality LLC
79 Tinker Street Fl 2
Woodstock, NY 12498
(845) 521-7455
www.WoodstockVitamins.com

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