

Barlean's Fresh Catch® Ultra EPA-DHA Fish Oil

- 1,300mg of Omega-3s in just two softgels
- Free of mercury and other heavy metals
- From wild caught fish
- Non-GMO, Gluten Free, no PCBs



FRESHEST BEFORE

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A PATHWAY TO A
BETTER LIFE:
barleans.com
800/445-3529
Barlean's
Ferndale, WA 98248



ESTD 1989



PHARMACEUTICAL
GRADE

ULTRA
PURIFIED

Fresh Catch®

ULTRA EPA • DHA FISH OIL

1,300 mg OMEGA-3

60 Softgels

ORANGE FLAVOR

Supplement Facts

Serving Size 2 Softgels (2 g)

Servings Per Container 30

	Amount Per Serving	% Daily Value
Calories	20	
Total Fat	2 g	3%*
Saturated Fat	0 g	2%*
Polyunsaturated Fat	1 g	†
Monounsaturated Fat	0 g	†
Cholesterol	5 mg	2%
Omega-3 Polyunsaturated Fat:		
Eicosapentaenoic Acid (EPA)	787 mg	†
Docosahexaenoic Acid (DHA)	394 mg	†
Other Omega-3 Fatty Acids	197 mg	†

* Percent Daily Values (DV) are based on a 2,000 calorie diet.

† Daily Value not established.

INGREDIENTS: Fish oil (Anchovy, Sardine and/or Mackerel), softgel (gelatin, glycerine, water, and caramel color), natural citrus flavor, and antioxidant blend (lecithin (sunflower and soy), natural mixed tocopherols, rosemary extract, ascorbyl palmitate, ascorbic acid, and citric acid).

SUGGESTED USE:

2 softgels daily with a meal. Keep bottle tightly closed. Store in a cool, dry place out of reach of children.



PATENTS: See www.barleans.com/patents