

SUGGESTED USE:

Adults and children over 4 yrs, take 1
teaspoon (5 ml), 1-2 times per day.
Children ages 1-4, take 1/2 teaspoon
(2.5 ml) 1-2 times per day, or as
directed by healthcare practitioner.

Shake well before using.

*****WARNING:** Accidental
overdose of iron containing
products is a leading cause
of fatal poisoning in children
under 6. Keep this product
out of reach of children. In
case of accidental overdose,
call a doctor or poison
control center immediately.

Rev. 150101

100% Gluten Free

Manufactured for:
Village Vitality LLC
79 Tinker St, Floor 2
Woodstock, NY 12498



VILLAGE
VITALITY

IRON

Blackberry Vanilla
ALCOHOL FREE

DIETARY SUPPLEMENT
4 fl oz (118 ml)

Supplement Facts

Serving Size 1 tsp (5 ml)
Servings Per Container 23

Amount Per Serving	% Daily Value
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Calories	13	
Total Carbohydrates	3 g	1%

Iron	10 mg	55%
(as Ferrous Bisglycinate Chelate)		

Wild Harvested		
Yellow Dock Root	100 mg	*

* Daily Value Not Established

OTHER INGREDIENTS:
Vegetable Glycerin, Deionized
Water, Blackberry Juice
Concentrate, Citric Acid,
Vanilla Natural Flavor