

Barlean's Fresh Catch® Fish Oil

is a pure and pristine source of ultra-purified, pharmaceutical-grade fish oil in natural triglyceride form.

- Free of Mercury and other Heavy Metals
- Free of PCBs and other Contaminants
- Non-GMO, Gluten Free



FRESHNESS DATING

LEARN MORE ABOUT A
PATHWAY TO A BETTER LIFE:

barleans.com

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Barlean's Ferndale, WA 98248



PHARMACEUTICAL
GRADE

Fresh Catch®

ULTRA-PURIFIED
NON-GMO

FISH OIL

SUPPLEMENT

OMEGA-3 EPA/DHA

100 Softgels

ORANGE FLAVOR

Supplement Facts

Serving Size 2 Softgels (2 g)

Servings Per Container 50

	Amount Per Serving	% Daily Value
Calories	20	
Total Fat	2 g	3%*
Saturated Fat	0 g	2%*
Polyunsaturated Fat	1 g	†
Monounsaturated Fat	1 g	†
Cholesterol	10 mg	3%

Omega-3 Polyunsaturated Fat:

Eicosapentaenoic Acid (EPA)	360 mg	†
Docosahexaenoic Acid (DHA)	240 mg	†
Other Omega-3 Fatty Acids	80 mg	†

* Percent Daily Values (DV) are based on a 2,000 calorie diet.
† Daily Value not established.

INGREDIENTS: Fish oil (Anchovy, Sardine and/or Mackerel), softgel (gelatin, glycerine, water, and caramel color), natural citrus flavors, and antioxidant blend (lecithin (sunflower and soy), natural mixed tocopherols, rosemary extract, ascorbyl palmitate, ascorbic acid, and citric acid).

SUGGESTED USE: 2-6 softgels daily with a meal. Keep bottle tightly closed. Store in a cool, dry place out of reach of children.



PATENTS: See www.barleans.com/patents