



L-Glutamine

1KG

SUPPLEMENT FACTS

Serving Size: 1000mg

Servings per container: 667

Amount Per Serving	% Daily Value**
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L-Glutamine... 1000mg	*
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**Based on 2,000 calorie diet

*Daily Value not established.

US STANDARD MEASURING SPOONS

Spoon Size (level)	milligrams
1/8 teaspoon	331
1/4 teaspoon	661
1/2 teaspoon	1326



7 5 5 5 6 3 3 6 4 1 2 9

OTHER INGREDIENTS:

None

FREE OF

Sugar, Soy, Dairy, Yeast, Gluten or additives

DIRECTIONS:

As dietary supplement, take 500 to 1000 mg(or 1/4 tsp) up to three times daily preferably before a workout or as directed by a physician.

STORAGE:

Keep dry, cool & dark

DISTRIBUTED EXCLUSIVELY BY:

Absorb Health
4705 Southport-Supply Rd., 202
Southport, NC 28461

Lot Number:

Date of Manufacture:

Expires: