Suggested Use: Take 1 capsule daily with a meal, or as directed by a healthcare professional.

Store at room temperature. Keep away from children.

Self Health Resource Center® 1055 Bay Blvd., Ste A Chula Vista, CA 91911

Customer Service Toll Free: (866) DR-CLARK (372-5275) www.DrClarkStore.com



Our products don't contain flow agents like Magnesium Stearate. Not now, not ever.





DR. CLARK STORE

LEADER IN PURITY

Established by Dr. Clark's Family in 1993



Super B100

Supports Energy Metabolism*

Dietary Supplement

501 mg | 100 Capsules

Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 100

Amount Per Serving	% Daily Value	
Vitamin B1 (as Thiamin HCL)	50 mg	3333%
Vitamin B2 (as Riboflavin HCL)	50 mg	2942%
Vitamin B3 (as Niacinamide)	100 mg	500%
Vitamin B6 (as Pyridoxine HCL)	100 mg	5000%
Folate (B9)	400 mcg	100%
(as L-5- Methyltetrahydrofolate)		
Vitamin B12 (as Methylcobalamin)	400 mcg	6666%
Biotin (B7)	400 mcg	133%
Pantothenic Acid (B5) (as Calcium D-Pantothenate)	100 mg	1000%
Choline Bitartrate	50 mg	†
Inositol	50 mg	†
†% Daily Value not established.		

Other Ingredients: Gelatin Capsules.

Warning: If you are pregnant, nursing or taking any medications, consult your doctor before use. If any adverse reactions occur, immediately stop using this product and consult your doctor. If seal under cap is damaged or missing, do not use.

"These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.