## **Nutrition Facts**

Amount Per Serving						
Calories		181 Cal	ories fron	n Eat AE		
catories		101 Udi	ories iron	Trat 40		
						%Daily Valu
Total Fat				5g		7
Saturated Fat				1g		4
Trans Fat				0g		
Cholesterol				21mg		7
Potassium				136mg		4
Sodium				102mg		1
Total Carbohydrate				11g		4
Dietary Fiber				5g		20
Sugars				2g		
Protein				23g		46
Vitamin A 0%	•	Vitamin C 0%	•	Calcium 44%	•	Iron 4%
Phosphorus 27%		Magnesium 3%	•	Copper 0%	•	Selenium 8%
Percent Daily Value based	on a 2000 calor	ie diet. Your daily values m	ay be higher	or lower depending on	your calorie nee	eds.
	Calories		2,000		2,500	
Total Fat	Less than		65g		80g	
Sat. Fat	Less than		20g		25g	
Cholesterol	Less than		300mg		300mg	
Sodium	Less than		2.400mg		2,400mg	
Total Carbohydrate Dietary Fiber			300g 25g		375g 30g	

INGREDIENTS: Proton 7th Protein Matrix (ultra filtrated whey concentrate (milk), milk protein concentrate, calcium caseinate, micellar casein, whey protein hydrolysate, whey protein isolate, egg albumen]. Proton 7™ Fiber and Enzyme Matrix (polydextrose, inulin, bromelain, papain). Proton 7™ EFA Matrix (sunflower powder, MCT powder), maltodextrin, natural and artificial flavors, corn syrup solids, lecithin (soy), sodium caseinate, Proton 7™ Colloid Blend (cellulose gum, xanthan gum, carrageenan), sodium chloride, acesulfame potassium, monoglycerides, dipotassium phosphate, tocopherols, silicon dioxide, sucralose. Made in a GMP facility on equipment that processes milk, soy, egg, peanuts, tree nuts, fish, shellfish, and wheat,

DOSAGE: Mix 1-2 scoops of Proton 7th with 8-16 ounces of skim milk or your beverage of choice. For best results, use a blender or Universal Shaker Cup. For more flavor, use slightly less liquid when mixing up your shake.

NOTE: Do not use as your sole source of calories.

WARNING: This product is not for use by anyone under the age of 18. Do not take this if you have or are at risk for any medical condition or disease. Please consult with a physician before using this product, especially if you are using any prescription drug, over-the-counter medication, or supplements, Immediately discontinue use if any side effects occur. California Residents Proposition 65 Warning: This product contains a substance known to the State of California to cause birth defects or other reproductive harm. Keep out of reach of children. Athletes should consult with their sanctioning authority before use. Do not exceed recommended dose







VANILLA MILKSHAKE Protein Powder

7<sup>TM</sup> is designed to be used any time throughout the day. HOW WE BACK IT UP What is on the label is in the bottle and what is in the bottle will help you reach your goals. We believe it and proudly stand behind every product we manufacture. Our word is our bond.

Net Wt 5 lb (2.27kg)

Fast and Sustained Released Proteins | Premium Protein Sources | Amazing Taste Profile

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