



To open, press along perforation.
Please remove label before recycling bottle.

Whole Food prenatal multivitamin with antioxidants provides comprehensive support for baby's healthy development and mother's core immunity and vitality.

Strength & Energy with whole foods and botanicals that protects mother's core system, tonifies the womb and supports vital immune resistance and natural energy.*

Antioxidant Protection with spirulina, blueberry, pomegranate, broccoli, kale and beet fight against free radical damage*, protect cellular integrity for increased vitality and support healthy fetal development.

Digestive & Liver Support Botanicals soothe the stomach and strengthen digestion with liver-supportive botanicals, plant-source enzymes and bioactive probiotics.*

Research-Based Nutrition long term health protection including 800 IU vitamin D₃, 1,000 mcg folic acid and 18 mg non-constipating iron to support a healthy pregnancy, fetal development and delivery.*

SUGGESTED USAGE: 2-4 capsules daily, with or between meals, may be sprinkled on food.

Produced in our certified organic facility with rigorous quality standards for superior purity.

GUARANTEE: 100% Natural – Free of artificial colors, flavors, sweeteners, preservatives and other objectionable additives often found in vitamin products. Contains no sugar or lactose.

ALLERGEN Free of Gluten, Yeast, Milk, Eggs, Soy, Nuts, **SafeGuard**™ Fish/Shellfish and Wheat

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

RAINBOW LIGHT® CERTIFIED ORGANICS™

Prenatal Multivitamin

Made with
Organic
Fruits & Vegetables

ALLERGEN
SafeGuard™

Pure | Nutrient-Rich | Safe

Dietary Supplement
120 vegetarian capsules

Supplement Facts

Serving Size 4 capsules

Amount Per Serving	% DV*	Amount Per Serving	% DV*
Vitamin A (as Beta-Carotene) -----	2,500 IU ----- 31	Molybdenum (as Amino Acid Chelate) -----	75 mcg ----- *
Vitamin C (as Ascorbic Acid) -----	60 mg ----- 100	Organic Spirulina -----	1,000 mg ----- *
Vitamin D (as D ₃ Cholecalciferol) -----	800 IU ----- 200	Strength & Energy -----	180 mg ----- *
Vitamin E (as d-alpha Tocopheryl Succinate) -----	60 IU ----- 200	(equivalent to 520 mg of herbal powder)	
Vitamin B-1 (as Thiamin Mononitrate) -----	15 mg ----- 882	Organic American Ginseng [root] 4:1 Extract, Red Raspberry [leaf] 2:1 Extract, Organic Mountain Cranberry	
Riboflavin (Vitamin B-2) -----	17 mg ----- 850	Antioxidant	
Niacin (as Niacinamide) -----	30 mg ----- 150	Whole Foods -----	200 mg ----- *
Vitamin B-6 (as Pyridoxine) -----	15 mg ----- 600	Organic Pomegranate Extract, Organic Blueberry, Organic Broccoli, Organic Kale, Organic Beet	
Folic Acid -----	1,000 mcg ----- 125	Gentle Digestive Support	
Vitamin B-12 (as Cyanocobalamin) -----	66 mcg ----- 825	Protease -----	1622 HUT ----- *
Biotin -----	300 mcg ----- 100	Amylase -----	563 DU ----- *
Vitamin B-5 (as Calcium Pantothenate) -----	10 mg ----- 100	Lipase -----	6 LU ----- *
Iron (as Amino Acid Chelate, Carbonyl) -----	18 mg ----- 100	Cellulase -----	7 CU ----- *
Iodine (from Kelp) -----	150 mcg ----- 100	<i>Lactobacillus</i>	
Zinc (as Citrate) -----	7 mg ----- 47	<i>Sporogenes</i> -----	25,000,000 CFU ----- *
Selenium (as Selenomethionine) -----	50 mcg ----- *	Organic Inulin	
Copper (as Amino Acid Chelate) -----	700 mcg ----- 35	[Chicory, Artichoke] -----	774 mg ----- *
Manganese (as Citrate) -----	1 mg ----- *	Liver Support	
Chromium (as Amino Nicotinate) -----	150 mcg ----- *	Botanicals -----	160 mg ----- *
		(equivalent to 640 mg of herbal powder)	
		Organic Ginger [root] Juice 4:1 Extract, Organic Artichoke [leaf and flower] 4:1 Extract	

* Daily Value (DV) not established.
% DV for Pregnant or Lactating Women

Formulated & Distributed by **Rainbow Light Nutritional Systems**

125 McPherson St., Santa Cruz, CA 95060 ©2010 www.rainbowlight.com

Certified Organic by Quality Assurance International

Other Ingredients: natural or mineral source organic brown rice protein, magnesium stearate, silica. Capsules: modified vegetable cellulose, water.