LUMONOLILUNA

Best used as a daily dietary supplement to support restful quality sleep, waking refreshed and recharged. † For further information on attaining the best results from Lumonol Luna please download and read your free supplement guide at www.Lumonol.com/guide

Directions: As a dietary supplement, take 2 capsules 60 minutes before sleeping. Do not exceed 4 capsules within a 24 hour period. Contains Melatonin: use only when needed. Read warnings and use only as directed. †

Warnings: Not intended for persons under the age of 18. Do not use if pregnant or nursing. Consult a health care professional prior to consumption if you have any pre-existing medical conditions or are taking any prescription medication. Improper use of this product will not improve results and is potentially hazardous to a person's health. Use only as directed. May cause drowsiness.

From 8 – 88, there's something for every body and mind. Check out our full range of products at www.Lumonol.com





Z LIMONOL[™] Z LOMONOL[™] Z NOOTROPIC SLEEP SUPPORT[†]

Contains

PASSION FLOWER
MELATONIN
GABA

& 4 Other Nootropics †

Dietary Supplement

MANUFACTURED IN USA





MEMORY



ANXIETY



DREAMS



SUPPLEMENT FACTS

Serving Size: 2 Capsules Daily Servings Per Container: 30

Amount Per S	erving %DV	
Magnesium (Magnesium Glycinate)	20 mg	†
Valerian Root Powder	400 mg	+
Gamma Aminobutyric Acid (GABA)	400 mg	+
Passion Flower Herb Powder	25 mg	t
Chamomile Powder	25 mg	+
Lemon Balm Powder	12.5 mg	+
Melatonin	1 mg	†

Other Ingredients: Vegetarian Capsule, Rice Flour † Daily Value (DV) not established.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease. Always consult with your physician before taking any dietary supplement.



www.Lumonol.com Chula Vista, CA, 91911, USA (800) 614-6160