

10.5G  
TOTAL  
EAA'S<sup>†</sup>

0G  
FAT<sup>†</sup>

4G  
GLUTAMINE<sup>†</sup>

991MG  
ELECTROLYTES  
& MINERALS<sup>†</sup>

<sup>†</sup> PER SCOOP

FOLLOW US  
f t i n y p  
@VMISPORTS

VMISPORTS® IS  
A USA COMPANY

TRAACS®  
BALCHEM  
CO  
ALBION  
MINERALS  
GMP  
GMP  
GMP

Store in a cool, dry place. (60° to 80° F)

Manufactured For & Distributed By:  
VMISPORTS®  
100 B Tec Street | Hicksville, NY 11801  
www.vmisports.com



PERFORMANCE  
& RECOVERY<sup>†</sup>



SUPPORTS  
LEAN MUSCLE<sup>†</sup>



ELECTROLYTES  
FOR HYDRATION<sup>†</sup>



RAPID PROTEIN  
DIGESTION<sup>†</sup>

ENHANCED WITH:  
**ELECTROLYTES  
+ MINERALS**

TRAACS® Calcium Bisglycinate Chelate  
TRAACS® Magnesium Bisglycinate Chelate  
Albion® Potassium Glycinate Complex

- ✓ BETTER HYDRATION
- ✓ FASTER RECOVERY

ENHANCED WITH:  
**DIGESTIVE  
ENZYMES**

Protease 1, Protease 11, Amylase, Lipase & Lactase

- ✓ IMPROVES DIGESTION
- ✓ ENHANCES ABSORPTION

<sup>†</sup>TRAACS® is a registered trademark of Albion Minerals

NOTICE: USE THIS PRODUCT AS A FOOD SUPPLEMENT ONLY. DO NOT USE FOR WEIGHT REDUCTION.

PROTOLYTE



CALORIES  
104

PROTEIN  
23G

100%  
**WHEY  
ISOLATE**  
+ ELECTROLYTES  
& ENZYMES

NON-GMO PROTEIN

ASPARTAME FREE

LACTOSE FREE

LOW CARB

**MILK AND COOKIES**

All Natural Flavors

PROTEIN POWDER | NET WT. 1.63 LB. (740g)

**SUGGESTED USE:** Consume 1 scoop, in 8-10 ounces of water or your favorite sports beverage, within 20-30 minutes post-workout. Protolyte can also be consumed anytime between meals, as a supplement to your protein intake.

**NUTRITION FACTS**

Serving Size: 1 scoop (29.6g)  
Servings per container: 25 Total Weight 1.63LB

| Calories                                        | 104   | Calories From Fat | 0 |
|-------------------------------------------------|-------|-------------------|---|
| Amount/Serving                                  | %DV   |                   |   |
| Total Fat                                       | 0g    | 0%                |   |
| Saturated Fat                                   | 0g    | 0%                |   |
| Trans Fat                                       | 0g    | 0%                |   |
| Cholesterol                                     | 1mg   | 0%                |   |
| Sodium                                          | 40mg  | 2%                |   |
| Potassium                                       | 116mg | 3%                |   |
| Total Carbohydrate                              | 3g    | 1%                |   |
| Dietary Fiber                                   | 0g    | 0%                |   |
| Sugar                                           | 2g    | 0%                |   |
| Protein                                         | 23g   | 46%               |   |
| Magnesium Bisglycinate Chelate (TRAACS®)        | 500mg |                   |   |
| Calcium Bisglycinate Chelate (TRAACS®)          | 300mg |                   |   |
| Potassium Glycinate Complex (Albion®)           | 183mg |                   |   |
| Chromium Nicotinate Glycinate Chelate (TRAACS®) | 8mg   |                   |   |
| Vitamin A                                       | 0%    |                   |   |
| Vitamin C                                       | 0%    |                   |   |
| Calcium                                         | 175mg | 17.5%             |   |
| Iron                                            | 0%    |                   |   |
| Phosphorus                                      | 6%    |                   |   |

<sup>†</sup> Percent Daily Value (DV) based on a 2,000 calorie diet.  
<sup>\*\*</sup>Percent Daily Value (DV) not established.

**INGREDIENTS:** Non GMO Cold Processed Whey Protein Isolate, Cookie Crumbs, Natural and Artificial Flavors, Xanthan Gum, Sucralose and Enzyme Blend

**ALLERGEN STATEMENT:** Contains Milk and Wheat. Produced in a facility that processes Peanuts, Tree Nuts, Soy, Wheat and Eggs.

**KEEP OUT OF THE REACH OF CHILDREN.**

<sup>†</sup>These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

COOKING WITH PROTOLYTE?



VISIT OUR BLOG AT  
[WWW.VMISPORTS.COM](http://WWW.VMISPORTS.COM)  
FOR HEALTHY FOOD AND  
DESSERT RECIPES!

QUESTIONS? COMMENTS?  
EMAIL US AT  
[INFO@VMISPORTS.COM](mailto:INFO@VMISPORTS.COM)

**PROTOLYTE**  
+ ENZYMES

**TYPICAL AMINO ACID PROFILE**

| Amount/Serving  |          |
|-----------------|----------|
| L-Alanine       | 1,175 mg |
| L-Arginine      | 649 mg   |
| L-Aspartic Acid | 2,494 mg |
| L-Cystine       | 491 mg   |
| L-Glutamic Acid | 4,186 mg |
| L-Glycine       | 429 mg   |
| L-Histidine †   | 425 mg   |
| L-Isoleucine †† | 1,369 mg |
| L-Leucine †     | 2,517 mg |
| L-Lysine †      | 2,276 mg |
| L-Methionine †  | 544 mg   |
| L-Phenylalanine | 747 mg   |
| L-Proline       | 1,357 mg |
| L-Serine        | 1,221 mg |
| L-Tyrosine      | 1653 mg  |
| L-Tryptophan †† | 398 mg   |
| L-Threonine †   | 693 mg   |
| L-Valine †      | 1,388 mg |

<sup>†</sup> Essential Amino Acids

<sup>††</sup> BCAA's

<sup>††</sup> The L-Tryptophan indicated is from naturally occurring sources of protein