SUGGESTED USE: Take one softgel up to six times daily.

CONTAINS NO artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, soy, crustacean shellfish or fish.

Flaxseed oil is nature's richest vegetarian source of the essential fatty acids, ALA (omega-3) and LA (omega-6). These fatty acids produce prostaglandins that help maintain healthy skin, joints and cell membrane structure as well as promote cardiovascular and nervous system health.†

Our **Flaxseed Oil** is made from organic flax seeds and is cold pressed, unfiltered, unbleached and free of hexane. The flaxseed oil in this product is certified organic by Quality Assurance International (QAI).

The flax seeds in this product do not contain conventional pesticides, synthetic fertilizers, growth hormones, genetic modification or antibiotics. We source only natural, organic raw materials that promote the use of renewable resources and conservation and are reviewed by USDA-approved organic certifiers.

We Guarantee Our Supplements for Potency and Purity

To report a serious adverse event, call 1-888-710-0006

† THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

VILLAGE VITALITY

Cold-Pressed and Hexane-Free

Flaxseed Oil

1,000 mg

Made with Organic Flaxseeds

Dietary Supplement

180 SOFTGELS

Distributed by:
Village Vitality, LLC • Saugerties, NY 12477

This product is certified organic by Quality Assurance International (QAI)

Supplement Facts

Serving Size 1 Softgel
Servings Per Container 180

Amount Per Serving		% Daily Value
Total Calories	10	
Calories from Fat	10	
Total Fat	1 g	1%*
Polyunsaturated Fat	0.6 g	**
Organic Flaxseed Oil	1,000 mg	**

* Percent Daily Values based on a 2,000 calorie diet. **Daily Value not established.

OTHER INGREDIENTS: CAPSULE (GELATIN), GLYCERIN.

Distributed by:
Village Vitality, LLC • Saugerties, NY 12477

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Typical Fatty Acid Composition:	
Alpha-Linolenic Acid (ALA)	440 mg
Linoleic Acid (LA)	120 mg
Oleic Acid	142 mg

KEEP OUT OF REACH OF CHILDREN.

VVL 131-180R