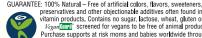
Potent & Science-Safe Targeted Nutrition for Pregnant & Nursing Women

Supports all body systems of pregnant and nursing women with:

- Research-Based Multivitamin Protection—from optimal potencies of critical nutrients including the full 800 mcg of folic acid, extra iron and vitamin D with the most optimal potencies of calcium and magnesium of any one-per-day prenatal multivitamin.
- A Gentle Prenatal Blend-of nourishing botanicals traditionally used to support a healthy pregnancy, including fresh ginger juice plus probiotics to help soothe digestion.*
- . Guaranteed 100% Natural for exceptional purity when moms and babies need it most.

SUGGESTED USAGE: For pure and potent protection, take one tablet per day, with or between meals.



preservatives and other objectionable additives often found in vitamin products. Contains no sugar, lactose, wheat, gluten or yeast. Vegan Guard' screened for vegans to be free of animal products. Purchase supports at risk moms and babies worldwide through ongoing 10:1 vitaminangels donations.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.



* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

RAINBOW



Prenatal One™ Vegan Guard® Multivitamin

Feel the Difference

- Potent & Science-Safe
- Gentle on the Stomach
- Guaranteed 100% Natural



Dietary Supplement

Serving Size 1 Tablet	
Amount Per Serving	Amount Per Serving % DV for Pregnant or Lactating Wome
Vitamin A (as Palmitate 2,000 IU, Beta-	Zinc (as Citrate)
Carotene 2,000 IU)——4,000 IU——50%	Selenium (as Seleno-
Vitamin C (as	methionine) ————100 mcg——- Copper (as Amino
Ascorbic Acid) ————-100 mg-—167%	Acid Chelate)2 mg -100%
Vitamin D (as D ₂	Manganese (as Citrate) — 2 mg — — -
Ergocalciferol) ————400 IU—100%	Chromium (às Amino
Vitamin E (as d-alpha	Nicotinate)120 mcg
Tocopheryl Succinate) —-100 IU333%	
Vitamin K	Acid Chelate) ————75 mcg———
(Phytonadione) ———65 mcg ——*	Potassium (as Citrate) —10 mg
Thiamin (Vitamin B-1) ——-10 mg588%	
Riboflavin (Vitamin B-2)10 mg500%	Choline (as Bitartrate) — 10 mg — —
Niacin (as Niacinamide)20 mg100%	Inositol — — — 10 mg — — Boron (as Glycinate) — — 1 mg — —
Vitamin B-6 (as	Gentle Prenatal Blend —90 mg
Pyridoxine) ——————15 mg-—600%	(equivalent to 320 mg food and
Folic Acid —————800 mcg100%	herbal powder)
Vitamin B-12	Red Raspberry [leaf] 2:1 Extract,
(as Cyanocobalamin)——25 mcg-—313%	
Biotin300 mcg100%	10:1 Extract, Organic Spirulina
Pantothenic Acid	Complete Digestive Support Protease————660 HUT——-
(Vitamin B-5)15 mg150%	Amylase ————————————————————————————————————
Calcium (as Carbonate,	Linase
Citrate-Malate) ————200 mg —15%	Cellulase
Iron (as Amino Acid Chelate)-30 mg -167%	
lodine (from Kelp)150 mcg100%	
Magnesium (as 0xide) —-100 mg —22%	* Daily Value (DV) not established.

Formulated & Distributed by RAINBOW LIGHT NUTRITIONAL 25 McPherson St., Santa Cruz, CA 95060 ©2008 www.rainb

Other ingredients: natural mineral or vegetable source microcrystalline cellulose, stearic acid (vegetable), modified cellulose, silica, magnesium stearate, Coating; vegetable food glaze, Contains soy lecithin in vegetable glaze.