Enhance lean muscle & size with our specialized 20/30/10 ratio combination of protein, carbohydrates, and healthy fats

enhances digestibility, making it less likely to experience bloating while potentially increasing nutrient delivery.

Coconut Oil, as well as fat naturally derived from Whole Milk powder, Major Mass™ provides a clean source of fats.

Our multi-phase blend of carbohydrates from Carb10® & Maltodextrin combine multiple sources of moderate to low glycemic sourced carbs.











# **SUPPLEMENT FACTS**

Servings Per Container: 30 Serving Size: 2 x 👉 (60.5g) 4 x (121a)

Amount Per Serving

Calories 250

	%Daily Value		%Daily Value	
ories from Fat	45		90	
al Fat	5g	6%	10g	12%
Saturated Fat	3.5g	18%	7g	36%
Trans Fat	0g		0g	
lesterol	58mg	19%	116mg	38%
lium	125mg	5%	250mg	10%
assium	187mg	4%	374mg	8%
al Carbohydrates	31g	11.5%	62g	23%
Dietary Fiber	0g	0%	0g	0%
Sugar	11g		22g	
tein	20g	40%	40g	80%
amin A		0%		0%

WARNING: For use as a dietary supplement only, for healthy adults of the age of 18 and over. Do not use this product if you are pregnant, nursing, or may become pregnant. Do not consume if you have a pre-existing medical condition, or you are taking any prescription medication. Please consult your doctor or health care practitioner prior to use. Do not use if safety seal is broken. Use only as directed and do not exceed recommended dosage. Do not take for more than 14% weeks consecutively. Store in a cool, dry place

KEEP OUT OF THE REACH OF CHILDREN.

**Allergen Warning:** Produced in a facility that may process ingredient containing milk, egg, soy, wheat, fish, shellfish, tree nuts. & peanuts

<sup>†</sup> These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

JGGESTED USE: Mix 1 serving (2 level scoops) with 8-12 ounces of ater or beverage of your choice. For best results, consume 1-2 rvings immediately post workout, or as a meal replacement at

**TYPICAL AMINO** 

2,464 1,366

5.180

905

2,828

5,278

4.677

1,130

1.546

2,875

2,504

3,427

825

1,435

2,881

**ACID PROFILE** 

(††PER 4 SCOOPS)

Alanine

Arginine

Cysteine Glutamic Acid

Glycine

Histadine

Isoleucine

Leucine

Lysine

Methionine

Phenylalanine

Tryptophan

Tvrosine

Aspartic Acid



Carb10™ is a trademark of Compound Solutions. Inc Digestisorb™ is a trademark of VMI Sports.

Manufactured For & Distributed By: VMI SPORTS 100 B Tec Street | Hicksville, NY 11801