

## Nutrition Facts

Serving Size 1 Scoop (33g) Servings Per Container ~55

### Amount Per Serving

Calories	117	Calories from Fat 9	%Daily Value*
Total Fat	1g	1%	
Saturated Fat	0.3g	2%	
Trans Fat	0g		
Cholesterol	41mg	11%	
Sodium	143mg	6%	
Total Carbohydrate	3g	1%	
Dietary Fiber	1g	5%	
Sugars	1g		
Protein	24g	48%	
Vitamin A 0%	• Vitamin C 0%	• Calcium 55%	• Iron 5%
Phosphorus 34%	• Magnesium 12%	• Copper 3%	• Chloride 6%

\*Percent Daily Value based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Calories	2,000	2,500	
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

**INGREDIENTS:** Micellar casein (milk), cocoa, natural and artificial flavors, inulin, sodium chloride, lecithin (soy), gum blend (cellulose gum, xanthan gum, carrageenan), acesulfame potassium, sucralose. Made in a GMP facility on equipment that processes milk, soy, egg, peanuts, tree nuts, fish, shellfish, and wheat.

**DOSAGE:** Mix 1-2 scoops of Casein Pro™ with 10-20 ounces of skim milk or your beverage of choice. For best results, use a blender or Universal Shaker Cup. For more flavor, use slightly less liquid when mixing up your shake.

**WARNING:** This product is not for use by anyone under the age of 18. Do not take this if you have or are at risk for any medical condition or disease. Please consult with a physician before using this product, especially if you are using any prescription drug, over-the-counter medication, or supplements. Immediately discontinue use if any side effects occur. California Residents Proposition 65 Warning: This product contains a substance known to the State of California to cause birth defects or other reproductive harm. Keep out of reach of children. Athletes should consult with their sanctioning authority before use. Do not exceed recommended dose.



MADE PROUDLY IN THE U.S.A.  
Formulated, Tested & Manufactured By:  
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# CASEIN PRO™

CHOCOLATE MILKSHAKE

Protein Powder

Net Wt. 4 lb (1.81kg)

100% Micellar Casein | Sustained Release Protein | Steady Flow of Amino Acids | Delicious Taste

**WHO WE ARE** Universal Nutrition has been providing cutting edge and staple nutritional supplements to bodybuilders and hard training athletes the world over since 1977. As time passes, certain ideals never go out of style. Honesty. Integrity. Respect. These are the values we uphold and are the bedrock upon which we built our business. **WHAT IT IS** Casein Pro™ is a cutting edge protein powder consisting of 100% micellar casein protein only. With no inferior proteins blended in, each scoop of Casein Pro™ provides 24 grams of the purest micellar casein in the world. As a "slow-digesting" protein source (and unlike whey protein), micellar casein supplies a time-released and more sustained flow of amino acids into the bloodstream, allowing for a more consistent nourishment of your muscles. Functional and multi-purpose, Casein Pro™ can be optimally used between meals and before bed. Each and every delicious scoop of Casein Pro™ helps aid in triggering muscle anabolism and staving off muscle catabolism around the clock. **HOW WE BACK IT UP** What is on the label is in the bottle and what is in the bottle will help you reach your goals. We believe it and proudly stand behind every product we manufacture. Our word is our bond.

E2112-0-30781