

Fresh Catch® Fish Oil

is a pure and pristine source of ultra-purified, pharmaceutical-grade fish oil in natural triglyceride form. Ideal for those who seek a naturally occurring high ratio of EPA to DHA, Fresh Catch® Fish Oil is derived from Sardine, Anchovy and/or Mackerel harvested in the icy-cold currents off the coast of South America.

- Free of Mercury and other Heavy Metals
- Free of PCBs and other Contaminants
- Ultra Purified
- Dated for Freshness
- Non-GMO
- Gluten Free

SUGGESTED USE: 1 tsp daily with a meal. Refrigerate after opening. A cloudy appearance is natural.

SHAKE WELL. Keep out of reach of children.

Fresh Catch® Fish Oils are in a class of their own. We choose to date our fish oils 12 months (not up to 3 years) to ensure the very freshest fish oil available.



FRESHNESS DATING

ESTD 1989



Fresh Catch®

FISH OIL

SUPPLEMENT

OMEGA-3 • EPA/DHA

Ultra-Purified

Pharmaceutical
Grade

NON-GMO • GLUTEN FREE

ORANGE FLAVOR

THE FRESHEST FISH OIL • SEE WHY!

8 fl oz / 236 mL

Supplement Facts

Serving Size 1 tsp (5 mL)

Servings Per Container 47

	Amount Per Serving	% Daily Value
Calories	40	
Calories from Fat	40	
Total Fat	4.5 g	7%*
Saturated Fat	1 g	5%*
Polyunsaturated Fat	2 g	†
Monounsaturated Fat	1 g	†
Cholesterol	30 mg	10%

Omega-3 Polyunsaturated Fat:

Eicosapentaenoic Acid (EPA)	768 mg	†
Docosahexaenoic Acid (DHA)	497 mg	†
Other Omega-3 Fatty Acids	316 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

INGREDIENTS: Fish oil (Anchovy, Sardine and/or Mackerel), natural flavors, lecithin (sunflower and soy), natural mixed tocopherols, rosemary extract, ascorbyl palmitate, ascorbic acid, and citric acid.

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