SUGGESTED USE: Mix one (1) scoop in 8-16 oz. of water (adjust water to personal taste preference), then shake or stir well & consume prior to physical exercise. For best results, use two (2) scoops per day. Do not consume within 4 hours prior to sleep/ bedtime. Avoid consuming in conjunction with other caffeinated products.

WARNING: For use as a dietary supplement only by healthy adults of the age of 18 and over. Do not consume if you have a pre-existing medical condition, or you are taking any prescription medication. Please consult a physician prior to use. Do not use if safety seal is broken. Use only as suggested and do not exceed recommended

ALLERGEN WARNING: Produced in a facility with equipment that potentially processes dairy, soy, egg, wheat, peanuts, shellfish, almonds, or other tree nuts, or corn.

KEEP OUT OF THE REACH OF CHILDREN.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

MGG is a patented ingredient of Albion® Laboratories, U.S. Patent # 5,888,553 Albion™ and TRAACS® are registered trademarks of Balchem Corporation goBHB™ is a registered trademark of Compound Solutions, Inc.









## SUPPLEMENT FACTS

Calcium (as Calcium Beta-Hydroxybutyrate

& TRAACS® Calcium Bisglycinate Chelate

Serving Size: 1 Scoop (11.7g) Servings Per Container: 20

Calories

Total Carbohydrate

Niacin (as TRAACS® Chromium Nicotinate Glycinate Chelate)	3.4mg	21%
Magnesium (as Magnesium Beta- Hydroxybutyrate & TRAACS® Magnesium Biglycinate Chelate)	295mg	70%
Chromium (as TRAACS® Chromium Nicotinate Glycinate Chelate)	200mcg	571%
Sodium (as Sodium Beta-Hydroxybutyrate)	440mg	19%
Potassium (as Albion® Potassium Glycinate Complex)	35mg	<1%
Calcium Beta-Hydroxybutyrate (as goBHB™)	2.4g	**
Sodium Beta-Hydroxybutyrate (as goBHB™)	2.4g	**
Magnesium Beta-Hydroxybutyrate (as goBHB™)	2.4g	**
TRAACS® Magnesium Bisglycinate Chelate	500mg	**
TRAACS® Calcium Bisglycinate Chelate	300mg	**
L-Tyrosine	300mg	**
Caffeine (from Robusta Coffee Beans)	100mg	**
Alpha-Glycerylphosphorylcholine (Alpha-GPC)	50mg	**
	8ma	**

Percent Daily Values Based on a 2,000 Calorie Diet \*DAILY VALUE (DV) NOT ESTABLISHED

Other Ingredients: Citric Acid, Natural Flavor, Malic Acid, Stevia rebaudiana Leaf Extract, Vegetable Juice Color (Beet Root), Manitol, Beta-Carotene



Manufactured For & Distributed By:

Amount Per Serving

<1a

430ma

%DV

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