

TRUSTED SINCE 1972

**WINDMILL**  
NATURAL VITAMINS®

**LUTEIN**

**BLUE LIGHT DEFENSE**

**Pharmacist Recommended**

**Promotes Eye & Vision Health†  
Helps Fight Free Radical Damage  
Caused by Blue Light†**

**30 CAPSULES | DIETARY SUPPLEMENT**

**DIRECTIONS:** Take 1 capsule daily as a dietary supplement or as directed by a healthcare professional.

**KEEP OUT OF REACH OF CHILDREN.**

Protect from heat, light & moisture.

Store in a cool, dry place.

Do not purchase if seal is broken.

**MADE IN THE U.S.A. FROM GLOBALLY SOURCED INGREDIENTS.**

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For more info, visit us at [www.windmillvitamins.com](http://www.windmillvitamins.com)

ITEM: 783 / TC: 310J0180302



**Supplement Facts**

Serving Size: 1 Capsule

|   | Amount Per Serving | %Daily Value |
|---|--------------------|--------------|
| Vitamin C (as ascorbic acid)  | 45 mg              | 50%          |
| Vitamin E<br>(as d-alpha-tocopheryl succinate)  | 7.5 mg             | 50%          |
| Zinc (as zinc citrate)  | 5.5 mg             | 50%          |
| Copper (as copper gluconate)  | 0.45 mg            | 50%          |
| Lutein (as Lutemax® 2020†)  | 10 mg              | *            |
| Zeaxanthin isomers<br>(as Lutemax® 2020†)   | 2 mg               | *            |
| Proprietary Blend:  | 100 mg             | *            |
| <i>Polypodium leucotomos</i> fern extract (root)<br>and <i>Haematococcus pluvialis</i> algae extract<br>(providing 100 mcg astaxanthin) |                    |              |

\*Daily value not established.

Other ingredients: Microcrystalline cellulose, capsule (gelatin, titanium dioxide, FD&C blue #1), talc, magnesium stearate, and silica.

†Lutemax® 2020 is a registered trademark of OmniActive Health Technologies, LTD.

**NO SUGAR, YEAST, WHEAT, MILK, SOY, ARTIFICIAL COLORS, FLAVORS OR PRESERVATIVES**

**- Gluten Free -**

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