

Suggested Use: Adults and children 12 years of age or over, take up to 3 capsules 3 times daily, or as directed by a healthcare professional. Best taken at night since calcium is a muscle relaxant. For best absorption, take with vitamin D and lysine. Avoid taking with iron and zinc.

Self Health Resource Center®

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www.DrClarkStore.com



Our products don't contain flow agents like Magnesium Stearate. Not now, not ever.



DR. CLARK STORE®

LEADER IN PURITY

Established by Dr. Clark's Family in 1993



CAL-MAG Complete 2:1 with Vitamin C

 Supports Bone Health* 

Dietary Supplement

232 mg | 100 Capsules

Supplement Facts

Serving Size: 3 Capsules

Servings Per Container: 33

Amount Per Serving		% Daily Value
Calcium (as Calcium Citrate)	312 mg	31%
Magnesium (as Magnesium Citrate)	84 mg	21%
Vitamin C (as Ascorbic Acid)	300 mg	498%

Other Ingredients: Gelatin Capsules.

Store at room temperature.

Keep away from children.

Warning: If you are pregnant, nursing or taking any medications, consult your doctor before use. If any adverse reactions occur, immediately stop using this product and consult your doctor. If seal under cap is damaged or missing, do not use.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease. Company does not adopt any Dr. Clark claims.