

DIRECTIONS: Take 1 tablet daily with food as a dietary supplement or as directed by a healthcare professional.

KEEP OUT OF REACH OF CHILDREN.

Protect from heat, light & moisture.

Store in a cool, dry place.

Do not purchase if seal is broken.

MADE IN THE U.S.A. FROM GLOBALLY SOURCED INGREDIENTS.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For more info, visit us at www.windmillvitamins.com

ITEM: 136A



B-COMPLEX

WITH VITAMIN C & IRON

Pharmacist Recommended

Antioxidant Support†
Supports Heart Health†
Promotes Energy Metabolism†

100 TABLETS | DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Tablet

	Amount Per Serving	%Daily Value
Vitamin C (as ascorbic acid & from rose hips)	150 mg	167%
Thiamin (as thiamin HCl)	5 mg	417%
Riboflavin	5 mg	385%
Niacin (as niacinamide)	50 mg	313%
Vitamin B6 (as pyridoxine HCl)	5 mg	294%
Vitamin B12 (as cyanocobalamin)	12.5 mcg	521%
Biotin	12.5 mcg	42%
Pantothenic acid (as D-calcium pantothenate)	25 mg	500%
Choline (as choline bitartrate)	20 mg	4
Iron (as ferrous fumarate)†	20 mg	111%
Inositol	50 mg	*
PABA	15 mg	*

*Daily value not established.

Other ingredients: Microcrystalline cellulose, stearic acid, dicalcium phosphate, croscarmellose sodium, magnesium stearate, silica, and pharmaceutical glaze.

†WARNING: Accidental overdose of iron containing products is a leading cause of fatal poisoning in children under 6. In case of accidental overdose, call a doctor or poison control center immediately.

NO SUGAR, WHEAT, MILK, SOY, ARTIFICIAL COLORS, FLAVORS OR PRESERVATIVES
- Gluten Free -

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