

DIRECTIONS: Take 1 tablet daily as a dietary supplement or as directed by WINDMILL a healthcare professional. NATURAL VITAMINS®

SUSTAINED RELEASE

B-COMPLEX 50

Pharmacist Recommended

Nervous System Support[†] Promotes Cellular Energy

60 TABLETS | DIETARY SUPPLEMENT

KEEP OUT OF REACH OF CHILDREN.

Protect from heat, light & moisture.

Store in a cool, dry place. Do not purchase if seal is broken.

MADE IN THE U.S.A. FROM GLOBALLY SOURCED INGREDIENTS.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For more info, visit us at www.windmillvitamins.com

ITEM: 141 / TC: 310018506N2

Supplement Facts Serving Size: 1 Tablet

Amount	Per Serving	%Daily Value
Vitamin B1 (as thiamin HCl)	50 mg	4,167%
Vitamin B2 (as riboflavin)	50 mg	3,846%
Niacin (as niacinamide)	50 mg	313%
Vitamin B6 (as pyridoxine HCI)	50 mg	2,941%
Folate (as folic acid) 167	mcg (DFE)	42%
Vitamin B12 (as cyanocobalamin)	50 mcg	2,000%
Biotin	50 mcg	167%
Pantothenic acid	50 mg	1,000%

50 mg

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PABA (para-aminobenzoic acid) 30 mg Base blend: Alfalfa leaf, brewer's yeast, parsley leaf, rice bran, soy lecithin, watercress leaf

*Daily value not established.

nositol

Choline (as choline bitartrate)

Other ingredients: Dicalcium phosphate, microcrystalline cellulose, stearic acid, magnesium stearate, silica, hydrogenated cottonseed oil and pharmaceutical glaze. Contains Soy.

