

## SUGGESTED USE:

Take 1 or 2 caps, preferably before bedtime for results in the morning. Repeat as needed or as directed by a health care professional.

## WARNINGS:

Do not use this product if you have abdominal pain, nausea, vomiting or diarrhea. Consult a health care provider prior to use if you are pregnant or nursing. Discontinue use in the event of diarrhea or watery stools. Do not exceed recommended dosage. Not for long-term use. Keep out of the reach of children.  
Rev 091001

100% Gluten Free

Manufactured for:  
Woodstock Apothecary  
79 Tinker Street  
Woodstock, NY 12498



VILLAGE  
VITALITY

*100% Vegetarian*

# CASCARA SAGRADA

HERBAL SUPPLEMENT  
90 Veggie Caps

## Supplement Facts

Serving Size 1 Veggie Cap  
Servings Per Container 90

### Amount Per Serving

Wild Harvested 400 mg \*  
Cascara Sagrada Bark  
(Rhamnus purshiana)

\* Daily Value Not Established

## OTHER INGREDIENTS:

Modified Vegetable Cellulose,  
Omega 3 Powder (flaxseed)

7

88332

15420

1