

DIRECTIONS: Take 1 tablet before bedtime as a dietary supplement or as directed by a healthcare professional.

KEEP OUT OF REACH OF CHILDREN.

Protect from heat, light & moisture.

Store in a cool, dry place.

Do not purchase if seal is broken.

MADE IN THE U.S.A. FROM GLOBALLY SOURCED INGREDIENTS.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

ITEM: 391 / TC: B35410N2



MELATONIN

1 mg

Pharmacist Recommended

**Supports Restful Sleep†
Awake Refreshed†**

100 TABLETS | DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Tablet

	Amount Per Serving	%Daily Value
Melatonin	1 mg	*

*Daily Value not established.

Other ingredients: Dicalcium phosphate, microcrystalline cellulose, stearic acid, silica, croscarmellose sodium, magnesium stearate, hydroxyl propyl methyl cellulose, glycerine, carnauba wax, talc.

WARNING: Discuss with your health care practitioner prior to using if you are under medical supervision, have asthma, or are using any tranquilizers or sedatives. Consult your physician before using if you have an autoimmune condition, depressive disorder, or are pregnant or lactating.

For more info, visit us at www.windmillvitamins.com

**NO SUGAR, YEAST, WHEAT, MILK, SOY,
ARTIFICIAL COLORS, FLAVORS
OR PRESERVATIVES**

- Gluten Free -

Distributed by Windmill Health Products®,
10 Henderson Drive, West Caldwell, NJ 07006

