

organic • vegan • gluten-free

PRE-WORKOUT

Suggested Use: Mix four teaspoons of powder with 8-12 oz. of water or coconut water and drink 30 minutes before a workout. For maximum effectiveness, take on an empty stomach. May also be used as a pre-workout recovery drink or anytime a natural energy boost is needed by mixing two teaspoons with 6-8 oz. of water or coconut water. Do not exceed eight teaspoons per day. **Each 6g contains 25mg of naturally occurring caffeine.**

If you have a medical condition, are pregnant, lactating or taking medication, consult your health care professional before using this or any other nutritional supplement*.

Store in a cool, dry place.

Caution: Keep out of reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, mitigate, treat, cure or prevent any disease.



RD1118

CAN'T BEET THIS!



dietary supplement
Net. Wt. 180g



Supplements Facts

Servings per container	Approx. 30	Approx. 15
Serving size	2 tsp (6g)	4 tsp (12g)
Amount Per Serving		
Calories	20	40
	% DV*	% DV*
Total Fat	2.5g 3%	5g 6%
Saturated Fat	0g 0%	0g 0%
Sodium	25mg 1%	50mg 2%
Total Carbohydrate	5g 2%	10g 4%
Dietary Fiber	0.3g 1%	1g 4%
Total Sugars	2g	4g
Includes Added Sugars	0g 0%	0g 0%
Protein	0g	1g
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	Calcium 7mg 1%	14mg 1%
	Potassium 85mg 2%	170mg 4%
	Vitamin C 2.5mg 3%	5mg 6%
	Folate 16mcg 4%	33mcg 8%
	Phosphorus 11mg 1%	22mg 2%
	Magnesium 6mg 1%	13mg 3%

† Daily Values not established

Not a significant source of Trans Fat, Cholesterol, Vitamin D, or Iron.

Can't Beet This! Proprietary

6g †

12g †

Organic Beet Root, Organic Brown Rice Syrup Solids, Organic Lemon, Organic Coconut Water Powder, Organic Pomegranate, Organic Beet Root Juice Powder, Organic Brown Rice Extract, Organic Maca Root, L-Malic Acid, Organic Monk Fruit Extract, Organic Cordyceps Mushroom, Organic Panax Ginseng, Organic Eleuthero Root, Organic Yerba Mate Leaf, Organic Rhodiola rosea Extract, Organic Moringa Leaf, Organic Guar Gum, Natural Flavors (Orange, Guava, Passion Fruit), Organic Coffeeberry® Whole Coffee Fruit Extract.

Coffeeberry® is a registered trademark of VDF FutureCeuticals, Inc.

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Can't Beet This! is Certified Organic by QAI.