

citranatal.com

NDC 0178-0832-30
Rx Only

CitraNatal B-CALM®

Rx Prenatal Supplement Tablet and
two 25 mg each Vitamin B₆ Tablets

DESCRIPTION: CitraNatal B-Calm® is a prescription prenatal multi-vitamin/mineral tablet with B₆, along with two vitamin B₆ tablets. The prenatal tablet contains Ferr-Ease®, a patented dual-iron delivery comprising both a quick release and slow release iron. The prenatal tablet is a white, coated, modified oval, and is debossed "0832" on one side and is blank on the other. The B₆ 25 mg tablets are white to off-white, uncoated, round, and are debossed "B" on one side and "6" on the other.

Each prenatal tablet contains:

Vitamin C (Ascorbic acid)	120 mg
Calcium (Calcium citrate)	120 mg
Iron (Carbonyl iron, ferrous gluconate)	20 mg
Vitamin D ₃ (Cholecalciferol)	400 IU
Vitamin B ₆ (Pyridoxine HCl)	25 mg
Folic Acid	1 mg

Each vitamin B₆ tablet contains:

Vitamin B ₆ (Pyridoxine HCl)	25 mg
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INDICATIONS: CitraNatal B-Calm® is a multi-vitamin/mineral prescription drug indicated for use in improving the nutritional status of women prior to conception, throughout pregnancy, and in the postnatal period for both lactating and nonlactating mothers. CitraNatal B-Calm® may be used in conjunction with a physician-prescribed regimen to help minimize pregnancy-related nausea and vomiting.

CONTRAINDICATIONS: This product is contraindicated in patients with a known hypersensitivity to any of the ingredients.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. KEEP THIS PRODUCT OUT OF THE REACH OF CHILDREN. In case of accidental overdose, call a doctor or poison control center immediately.

WARNING: Folic acid alone is improper therapy in the treatment of pernicious anemia and other megaloblastic anemias where vitamin B₁₂ is deficient.

PRECAUTIONS: Folic acid in doses above 0.1 mg daily may obscure pernicious anemia in that hematologic remission can occur while neurological manifestations remain progressive.

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ADVERSE REACTIONS: Allergic sensitization has been reported following both oral and parenteral administration of folic acid.

DOSAGE AND ADMINISTRATION: One tablet every eight hours, beginning with "Tablet 1", or as directed by a physician.

STORAGE: Store at 20°C to 25°C (68°F to 77°F), excursions permitted between 15°C and 30°C (between 59°F and 86°F). Brief exposure to temperatures up to 40°C (104°F) may be tolerated provided the mean kinetic temperature does not exceed 25°C (77°F); however, such exposure should be minimized.

NOTICE: Contact with moisture can discolor or erode tablets.

HOW SUPPLIED: Six child-resistant blister packs of 5 multi-vitamin/multimineral tablets and 10 vitamin B₆ tablets each - NDC 0178-0832-30.

To report a serious adverse event or obtain product information, call (800) 531-3333.

Please consult your health care provider with any dietary concerns.

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Prenatal tablets manufactured by:
MISSION PHARMACAL COMPANY
San Antonio, TX USA 78230 1355



* March of Dimes does not endorse specific products or brands.
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WHEN YOU NEED B₆

Quality ingredients, true comfort:

20 mg Ferr-Ease® dual-iron
120 mg Calcium (Calcium Citrate)
75 mg Vitamin B₆
1 mg Folic acid

Please see side of carton for other important ingredients.

SIX 5-DAY BLISTER PACKS
In Child-Resistant Packaging

GLUE LAMINATING INSIDE

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