

**SUGGESTED USE:**

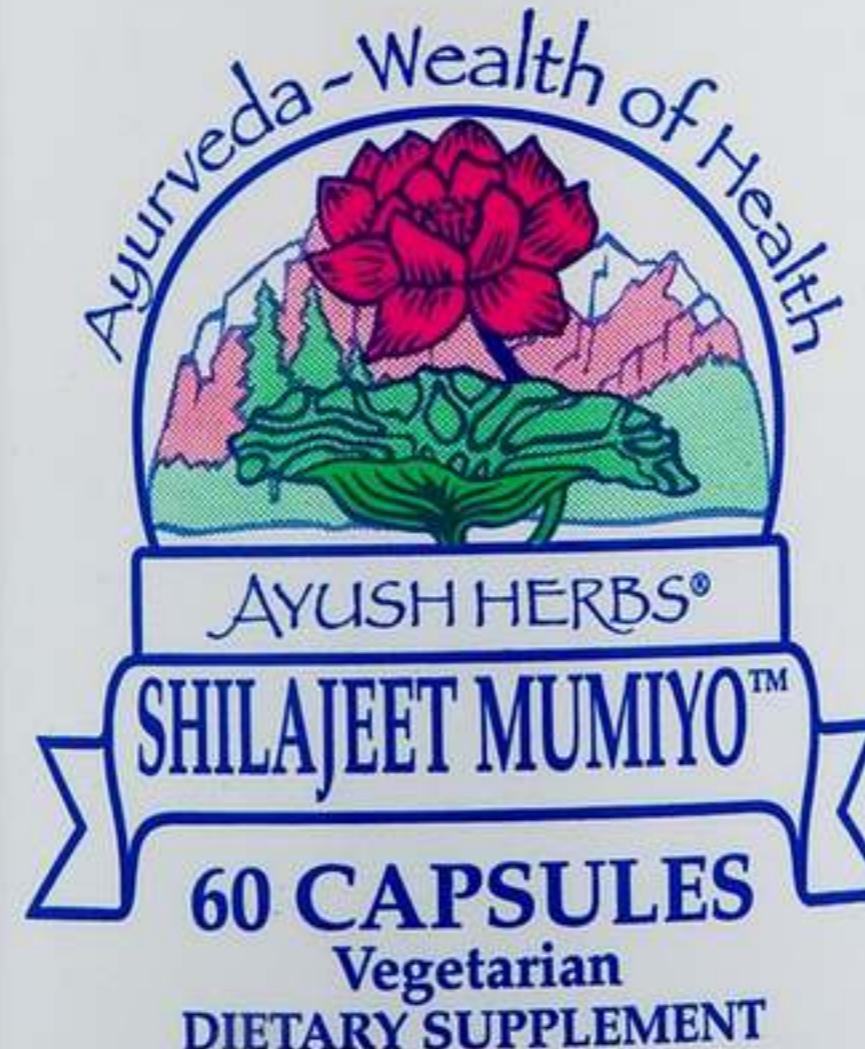
One capsule two times a day with food or as recommended by a professional.

Warning: If pregnant, consult your physician before using this or any other product.

**Keep Away From Reach Of Children  
DO NOT USE IF SEAL IS BROKEN.**

This statement has not been evaluated by the FDA. This product is not intended to treat, cure or diagnose any health problems.

Distributed by Ayush Herbs, Inc.  
[www.ayush.com](http://www.ayush.com)  
Redmond, WA 98052



**Supplement Facts**

Serving Size: 1 capsule

Servings Per Container: 60

<b>Amount Per Serving</b>	<b>%DV</b>
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Extract of Black Asphaltum (Shilajeet)	250 mg
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\* Daily value not established

AYUSH GUARANTEES that no other ingredients WERE added than listed on this label.