DIRECTIONS (Adults): Take three (3) capsules or as directed by your doctor. Best if taken before bedtime. For children, consult your doctor.

Slumber-EZ is a unique formula targeting seven distinct areas of nutritional imbalance that may interfere with sleep.

No added gluten, yeast, wheat, rice, corn, soy, dairy, eggs, peanuts, fish, shellfish, sugar, artificial color or artificial flavor, Non-GMO.



TRAACS and Albion Gold Medallion are registered trademarks of Albion Laboratories, Inc.

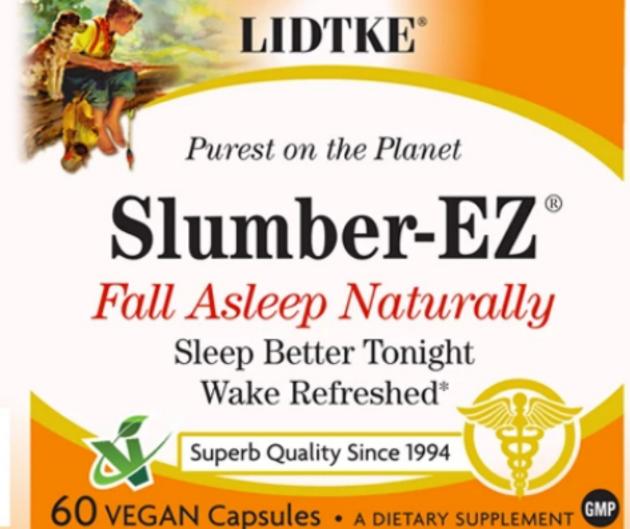
Best by:

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Warning: KEEP OUT OF REACH OF CHILDREN. If you are pregnant, lactating, taking any medications (including MAOIs, Tricyclics,

or SSRIs), or have a medical condition, consult your doctor. Discontinue use if adverse reaction occurs. Do not use if seal is damaged or missing. Keep lid tightly closed. Keep in a cool, dry place.





Supplement Facts

Serving Size: 3 capsules Servings per container: 20

| Amount Per Serving | % Daily Value* | |
|--|---------------------------|--------------|
| Vitamin A (as mixed carotenoids) (as β-Carotene, α-Carotene, Lutein, Lycop | 5000 IU sene, Zeaxanti | 100% hin) |
| Thiamin (as thiamin mononitrate) | 15 mg | 1000% |
| Vitamin B2 (as Riboflavin) | 15 mg | 880% |
| Vitamin B3 (as niacinamide) | 20 mg | 100% |
| Coenzyme Vitamin B6 (as Pyridoxal 5-Phosphate [15mg]) | 10 mg | 500% |
| Molybdenum (as Mo glycinate, TRAACS*) | 300 mcg | 400% |
| L-Tryptophan, TryptoGold™ | 825 mg | ** |
| L-Lysine HCI, USP† | 300 mg | ** |
| L-Serine, USP† | 225 mg | ** |
| GABA | 150 mg | ** |
| Magnesium (as Mg bisglycinate, TRAACS | °) 120 mg | ** |
| Taurine, USP† | 120 mg | ** |

Other ingredients: Vegan capsule (plant-derived hypromellose, water)

† As certified by the manufacturer.



Lidtke's naturally produced TryptoGOLD Ultra-premium L-Tryptophan

LIDTKE Technologies, Casa Grande AZ 85122

www.lidtke.com • 1-800-404-8185 Adverse events may be reported above.