

1127497

Nutrition Facts

Serving Size 1 Scoop (36g) Servings Per Container 16

Amount Per Serving	
Calories 110	Calories from Fat 0
	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	-
Cholesterol 0mg	0%
Sodium 180mg	8%
Potassium 200mg	6%
Total Carbohydrate 13g	4%
Dietary Fiber 2g	8%
Sugar 9g	
Other Carbohydrate 2g	
Protein 13a	26%

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Vitamin A	5000 IU	100%	•	Vitamin C	60mg	100%
Calcium	600mg	60%	•	Iron	9mg	50%
Vitamin D	400 IU	100% •	•	Vitamin E	30IU	100%
Thiamin	1.5mg	100% •	•	Riboflavin	1.7mg	100%
Niacin	20mg	100% •	•	Vitamin B6	2mg	100%
Folic Acid	440mcg	110% •	•	Vitamin B12	6mcg	100%
Biotin	300mcg	100% •		Pantothenic Acid	10mg	100%
Phosphorus	s 600mg	60%	•	lodine	225mcg	150%
Magnesium	200mg	50% •		Zinc	23mg	150%
Selenium	35mcg	50%		Manganese	7.4mg	370%
Chromium	72mcg	60%	•	Molybdenum	30mcg	40%
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*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

your outerio noods	Calories	2,000	2,500
Total fat	Less than	65g	80g
Saturated fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total carbohydrate		300g	375g
Fiber		25g	30g
Protein		50g	65g

Calories per gram:

Fat 9 Carbohydrate 4 Protein 4 Each serving of FRUITEIN also contains the following:

NUTRIENTS:	
Inositol	0 mg
Citrus Bioflavonoid Complex	5 mg
Choline (bitartrate)	
ENZYMES:	
Bromelain (pineapple) (18 GDU)	0 mg
Papain (papaya) (60,000 units)	
Amylase (600 units) (brown rice fermentation)	0 mg
Lipase (50 units) (brown rice fermentation)	0 mg
Cellulase (50 units) (brown rice fermentation)	0 mg
EXOTIC RED FRUIT & WHOLE FOOD BLEND	0 mg
Pomegranate (Punica granatum Fruit) Goii (Lycium harbarum Berry) Noni (Morinda citi	rifolia

Fruit), Mangosteen (*Garcinia mangostana* Fruit), Açai (Cabbage Palm) (*Euterpe oleracea* Berry), Cranberry (*Vaccinium macrocarpon*), Red Raspberry, Black Raspberry, Red Grape, Tomato, Strawberry, Black Currant, Ligustrum Berry, Bliberry, Blueberry (*Vaccinium corymbosum*), Elderberry (Sambucus nigra), Camu-Camu (Myrciaria dubia Fruit), Schisandra Fruit, Green Tea Leaf, Turmeric Root and Rhizome, Fenugreek Seed, Apple, Apricot, Orange, Peach, Plum, Pear, Guava, Pineapple, Watermelon, Activessence (a patented enzyme activation system – Cellulase, Pectinase, Hemicellulase and Xylanase)

INGREDIENTS: Proprietary non-GMO protein blend (rice protein, pea protein and soy [isolated soy protein and fermented soy]), fructose, Exotic Red Fruit & Whole Food Blend, mango fruit, orange juice, stearic acid, di-calcium phosphate, oligofructose, natural flavors, xantag gum, citric acid, magnesium oxide, potassium citrate, choline bitartrate, natural color, inositol, ascorbic acid, vitamin E acetate, papain, GTF chromium, citrus bioflavonoid complex biotin, amylase, zinc oxide, manganese sulfate, bromelain (from pineapple fruit), niacinamide, ferrous fumarate, vitamin A palmitate, lipase, calcium pantothenate, lecithin, carrot, astragalus root, kelp, spirulina, rice bran, oat bran, young barley leaf, acerola cherry, Korean ginseng, apple pectin, papaya, Spanish bee pollen, pyridoxine hydrochloride, riboflavin, thiamine hydrochloride, ergocaliciferol, vitamin B12, folic acid, potassium iodide, sodium molybdate, sodium selenite...and LOVE♥



FRUITEIN is scientifically formulated with isolated soy protein from only non-genetically modified (non-GMO) soybeans - As Nature Intended.

25 grams of soy protein a day, as part of a diet low in saturated fat and cholesterol, may reduce the risk of heart disease. A serving of FRUITEIN supplies 6.25 grams of soy protein.



FRUITEIN Exotic Red Fruit is an incredibly delicious, all-natural vegetarian blend of complete protein and complex carbohydrate — supercharged with the amazing antioxidant power of nature's greatest red foods! Thick and creamy **FRUITEIN Exotic Red Fruit** delivers all the essential vitamins, minerals, and enzymes, and features the unique benefits of exotic red super foods like pomegranate, mangosteen, açai, goji and noni. Our powerful **FRUITEIN Exotic Red Fruit** formula is fortified with a highly nutritious whole food and herbal base, including spirulina, Spanish bee pollen, fresh fruits and vegetables, young barley leaf, Korean ginseng and lecithin to form an amazingly energizing shake. Each serving of FRUTEIN Exotic Red Fruit is enhanced with Activessence, a patented enzyme activation system that liberates energizing nutrition from foods.

DIRECTIONS: Add one scoop (scoop included in can) of FRUITEIN to 6 fl. oz. of water and mix in blender or shake until smooth. For those who prefer a thicker, richer shake, **FRUITEIN** may also be mixed with 8 fl. oz. of milk. For best results, water or milk should be very cold.

> SUPERIOR TRI-PART PROTEIN BLEND: ** Rice, Pea, Sov VEGETARIAN, YEAST-FREE PRODUCT. KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN.

NOTICE: THIS PRODUCT IS SOLD BY WEIGHT, NOT VOLUME, THEREFORE SETTLING OF CONTENTS MAY OCCUR DURING SHIPPING AND HANDLING.

** Patents Pending

www.naturesplus.com

Activessence. is a registered trademark of InterActive Enzymes, a division of Triarco Industries, Inc.

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