



For more info and research studies go to Vitargo.com.

Marketed exclusively by Vitargo, Inc. 16930 East Palisades Blvd, ≢107 Fountain Hills, AZ 95268 877.456.7295 • vitargo.com • @vitargo

Each batch certified free of banned substance

For more details, see bscg.org

*These statements have not been evaluated by the Food and Drug Administration, This product is not intended to diagnose, treat, cure or prevent any disease.

*** Does not include moisture.



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Sugar-Free • Gluten-Free

Not a reduced calorie food.

Supplement Facts Serving Size: 1 scoop (27 g)**** Servings Per Container: 20

	Amount Per Serving	NOV.
Calories	140	n.exi
Total Carbohydrate	35 g	12%
Vitargo® (fractionated barley	35 g	12%

BCOOPS

**Percent Daily Values (DV) are based on a 2,000 calorie dist.

GLUTEN-FREE (via ELISA testing each batch) Manufactured in the USA, Worldwide Ingredients at a cGMP facility.

Protected by US Patent 5929052 and other international patents, sublicensed exclusively to Vitargo®, Fastest Body Fuel™, and Same Day Recovery™ are also protected by copyright.

Vitargo® is the fastest, university-proven body fuel to power your performance and recovery. Elite fueling for hard training is the ideal system to expand the boundaries of human endeavor, sustain metabolic balance, and form a sculpted physique.

Our mission doesn't stop there. When you fully fuel your training you also support your body's needs throughout the rest of your day. Our goal is to empower your desire to train hard and meet the intense demands of a full life.

MIXING INSTRUCTIONS:

How to Mix:

In a shaker bottle with a whisk ball

Start with 10 oz. of water



Add

more water for desired consistency Ready, Set, Gulp!

WHEN to Take

Before, between, or during exercise/competition · You can mix in your favorite non-carb supplements (protein, pre-workouts, amino acids, electrolytes). Vitargo rapidly empties from your stomach—bloat-free fueling!

After-training/competition

 Take 1 to 2 scoops as soon as possible after finishing.
Vitargo can be combined with your favorite post-workout, zero/low carb supplements (like protein powder). For optimal recovery follow supplementation with a nutrient-rich meal.

Scoop Guide

GENERAL CARBOHYDRATE GUIDELINES

1 scoop per hour

Fuels moderate intensity exercise

2+ scoops per hour Fuels high intensity exercise

Calculate your personal Vitargo needs using our "Scoop Calculator" at vitargo.com/scoopcalc