

Nature's Plus. The Energy Supplements.

SPIRU-TEIN Plus

REJUVENATING ENERGY FORMULA
Mature Adults 50+

COMPLETE BROAD SPECTRUM PROTEIN COMPLEX WITH SPIRULINA

- NEURO-NUTRIENTS
- ENERGIZING HERBS
- CALCIUM • ENZYMES
- VITAMINS & MINERALS

NET WT. 1.2 LBS. (544g)

Delicious Vanilla - Mixes Instantly

TRIPART PROTEIN[®]

GLUTEN Free

Healthy HEART Food

Nutrition Facts

Serving Size 1 Scoop (34g)
Servings Per Container 16

Amount Per Serving	SPIRU-TEIN	w/1 Cup Skim Milk
Calories	99	179
Calories from Fat	0	0

%Daily Value**

Total Fat 0g*	0%	0%
Saturated Fat 0g	0%	0%
Trans Fat 0g		
Cholesterol 0mg	0%	2%
Sodium 150mg	6%	11%
Potassium 100mg	3%	14%
Total Carbohydrate 18g	6%	10%
Dietary Fiber 1g	4%	4%
Sugars 12g		
Other Carbohydrate 5g		
Protein 10g	20%	36%

Vitamin A	5000 IU	100%	110%
Vitamin C	60 mg	100%	100%
Calcium	400 mg	40%	70%
Iron	4.5 mg	25%	25%
Vitamin D	400 IU	100%	120%
Vitamin E	30 IU	100%	100%
Thiamin	1.5 mg	100%	110%
Riboflavin	1.7 mg	100%	120%
Niacin	20 mg	100%	100%
Vitamin B6	2 mg	100%	100%
Folic Acid	400 mcg	100%	100%
Vitamin B12	6 mcg	100%	120%
Biotin	300 mcg	100%	100%
Pantothenic Acid	10 mg	100%	110%
Phosphorus	300 mg	30%	55%
Iodine	150 mcg	100%	100%
Magnesium	80 mg	20%	25%
Zinc	15 mg	100%	110%
Selenium	21 mcg	30%	30%
Manganese	5 mg	250%	250%
Chromium	18 mcg	15%	15%
Molybdenum	20 mcg	25%	25%

*Amount in SPIRU-TEIN PLUS. A serving of SPIRU-TEIN PLUS with skim milk provides 0g fat, 5mg cholesterol, 275mg sodium, 506mg potassium, 30g carbohydrate (23g sugar) and 18g protein.

**Percent Daily Values are based on a 2,000 calorie diet.

Each serving of SPIRU-TEIN PLUS also contains:

Enzyme Complex 150 mg

Amylase 50 mg

Protease 50 mg

Lipase 50 mg

Marine Algae Duplex (Asian *Ulva rigida* & *Ulva fasciata*) (naturally rich in trace minerals and glucuronic acid) 100 mg

Modified Citrus Pectin 100 mg

Inositol 50 mg

Phosphatidylserine Complex† 50 mg

Supplying Activated Phosphatides

Phosphatidylserine (PS) 10 mg

Phosphatidylcholine (PC) 10 mg

Cephalin (phosphatidylethanolamine) 6 mg

Phosphoinositides 3 mg

English Hawthorne Berry (*Crataegus laevigata*) (standardized 3.2% [1.6 mg] vitexin) 50 mg

Lactospore®†† (microencapsulated pure culture of *B. coagulans*) (provides 150 million viable cells †††) 25 mg

Choline (bitartrate) 21 mg

Ginkgo Biloba Leaf (standardized 24% [2.4 mg] ginkgo flavone-glycosides, 6% [0.6 mg] terpene lactones) 10 mg

Lutein (active carotenoid from marigold flower extract)‡ 3 mg

Boron (citrate) 150 mcg

Zeaxanthin (active carotenoid from marigold flower extract)‡ 132 mcg

† ICH is a registered trademark of Lucas Meyer Inc.

†† Lactospore® is a registered trademark of Sabinsa Corporation. ††† At time of manufacture.

‡ Floraguard is a registered trademark of Kemlin Industries, Inc.

INGREDIENTS: Proprietary non-GMO protein blend (rice protein, pea protein and soy [isolated soy protein and fermented soy]), fructose, calcium (phosphate), natural vanilla flavor, potassium citrate, magnesium oxide, modified citrus pectin, marine algae (*Ulva rigida*, *Ulva fasciata*), guar gum, psyllium, oat bran, microcrystalline cellulose, spirulina, vitamin C, vitamin E (d-alpha tocopheryl acetate), lipase, amylase, protease, hawthorne extract, Leci-PS, choline bitartrate, inositol, biotin, Lactospore, apple pectin, bee pollen, niacinamide, vitamin A palmitate, zinc oxide, manganese sulfate, ferrous fumarate, pantothenic acid, ginkgo biloba extract, lecithin, bioflavonoids, boron citrate, marigold extract, papaya fruit, bromelain (from pineapple fruit), chlorophyll, pyridoxine HCl, riboflavin, thiamine HCl, vitamin B12, calciferol, folic acid, potassium iodide, chromium chloride, sodium selenite, sodium molybdate...and LOVE ♥

TYPICAL AMINO ACID PROFILE PER SERVING

Amino Acid	% Total Protein	mg	Amino Acid	% Total Protein	mg
ISOLEUCINE	4.3	430	GLUTAMIC ACID	19.1	1910
HISTIDINE	2.6	260	THREONINE	3.8	380
LEUCINE	8.2	820	PROLINE	5.1	510
ARGININE	7.5	750	PHENYLALANINE	5.1	510
LYSINE	6.3	630	GLYCINE	4.2	420
ASPARTIC ACID	11.6	1160	TRYPTOPHAN	1.3	130
METHIONINE	1.3	130	ALANINE	4.3	430
SERINE	5.2	520	VALINE	5.0	500
CYSTEINE	1.3	130	TYROSINE	3.8	380



SPIRU-TEIN is scientifically formulated with isolated soy protein from only non-genetically modified (non-GMO) soybeans — As Nature Intended.

25 grams of soy protein a day, as part of a diet low in saturated fat and cholesterol, may reduce the risk of heart disease. A serving of SPIRU-TEIN Plus supplies 6.25 grams of soy protein.



SPIRU-TEIN PLUS is an incredibly delicious, rejuvenating energy formula for mature adults. Each delicious vanilla serving combines the healthful benefits and wholesome goodness of 10g of the highest quality vegetable protein, 400mg of elemental calcium, antioxidants, enzymes, neuro-nutrients, vitamins, minerals and whole foods.

SPIRU-TEIN PLUS, combining superior nutrition, highly active whole foods and great taste, is the ultimate high protein energy shake for mature adults.

Nature's Plus SPIRU-TEIN PLUS POWDER features a unique blend of ingredients, including...

- SUPERIOR TRI-PART PROTEIN BLEND:*** Rice, Pea, Soy
- 100% DAILY VALUE of all Vitamins • BROAD PROFILE of Essential Minerals
- ENERGY NUTRIENTS: High Quality Tri-Part Protein and Bee Pollen
- DIET-AIDS: Lecithin, Spirulina, Choline and Inositol
- ENZYMES: Bromelain and Papaya • CLEANSING: Chlorophyll
- FIBER: Bran, Cellulose and Apple Pectin

DIRECTIONS: Add one heaping scoop (scoop included in can) of SPIRU-TEIN PLUS to 8 fl. oz. of skim milk, whole milk, or juice, and mix (or shake) until smooth. For best results, milk or juice should be very cold.

Not to be used as the sole source of dietary calories.

***Patents Pending

SPIRU-TEIN PLUS MIXES INSTANTLY. NO BLENDER REQUIRED.

VEGETARIAN, YEAST-FREE PRODUCT.

KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.

KEEP OUT OF REACH OF CHILDREN.

NOTICE: THIS PRODUCT IS SOLD BY WEIGHT, NOT VOLUME, THEREFORE SETTLING OF CONTENTS MAY OCCUR DURING SHIPPING AND HANDLING.

Manufactured with LOVE ♥ by
Natural Organics Laboratories, Inc.
makers of Nature's Plus
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