AMOUNTS PER SERVING	PROTEIN	CALORIES	CARBS	FAT	SUGAR	BCAAs	LEUCINE	LACTOSE
	25g	120	2g	0.5g	<1g	5.5g	2.7g	<0.5g

THE PERFECT ANYTIME PROTEIN.

Award winning ISO100 is formulated to help anyone achieve their muscle building goals. Each serving contains 25g of protein and 5.5g of BCAAs including 2.7g of L-Leucine.**

ISO100 is made with pre-hydrolyzed protein sources to ensure fast digestion and absorption. ISO100 Rich Chocolate is the perfect before-workout, after-workout, anytime protein.

AWARD-WINNING* SUPER FAST-DIGESTING AND ABSORBING HYDROLYZED 100% WHEY PROTEIN ISOLATE

If your goal is gains in muscle size and strength, then ISO100 is your perfect workout partner. Loaded with muscle building amino acids, ISO100 can support even the most serious resistance training programs.

Known worldwide for quality, taste and purity, ISO100 is produced to our highest quality standards. ISO100 is formulated using a cross-flow microfiltration, multi-step purification process that preserves important muscle-building protein fractions while removing excess carbohydrates, fat, lactose, and cholesterol.

REAL SCIENCE & QUALITY

Dymatize® proteins are formulated based on the latest science and put to the test in university studies and at elite professional training facilities. Dymatize protein powders are always manufactured in GMP Certified facilities, meaning that all ingredients and final products are rigorously tested and validated clean and safe. They are banned substance tested for athlete's reassurance by Informed-Choice® (www.informed-choice.org).

DYMATIZE PROTEIN ETHICS

100% of the protein claimed per serving is derived from high-quality, intact proteins. We do not amino spike.

RICH CHOCOLATE
naturally and artificially flavored

GET DYMATIZED®

AWARD-WINNING ISOLATE PROTEIN*

Dymatize®

NET WT 5.64 LB (2.6 kg)

SOLD BY WEIGHT NOT VOLUME

*100% of the Protein from Whey Protein Isolate.
Notice: Use this product as a Food Supplement only. Do not use for weight reduction.
* Isolate Protein of the Year 2013-2017 — See dymatize.com for details.

PROTEIN 25g | CALORIES 120 | SUGAR <1g

BANNED SUBSTANCE TESTED
INFORMED-CHOICE.ORG Trusted by sport

ISO100®
HYDROLYZED

PROTEIN POWDER 100% WHEY PROTEIN ISOLATE*

FAST ABSORBING • NO WHEY CONCENTRATE ADDED

80 SERVINGS

RICH CHOCOLATE
naturally and artificially flavored

Dymatize
PERFECTING ATHLETIC NUTRITION™

DIRECTIONS: Formulated for easy mixing. Add one scoop (included) to 5-6 fl. oz. (150ml-180ml) of water, milk or your favorite beverage and mix thoroughly. Enjoy prior to workouts, within 30 minutes after workouts or anytime you desire a high-quality, high-protein drink.

Nutrition Facts

Serving Size: 1 Scoop (32g)
Servings Per Container: About 80

Amount Per Serving	
Calories 120	Calories from Fat 5
	% Daily Value
Total Fat 0.5g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 190mg	8%
Potassium 220mg	6%
Total Carbohydrate 2g	1%
Dietary Fiber <1g	4%
Sugars <1g	
Protein 25g	50%
Vitamin A 0% • Vitamin C 0%	
Calcium 10% • Iron 4%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories:	2,000	2,500
Total Fat	Less than		65g	80g
Saturated Fat	Less than		20g	25g
Cholesterol	Less than		300mg	300mg
Sodium	Less than		2,400mg	2,400mg
Potassium			3,500mg	3,500mg
Total Carbohydrate			300g	375g
Dietary Fiber			25g	30g
Protein			50g	65g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: HYDROLYZED WHEY PROTEIN ISOLATE, WHEY PROTEIN ISOLATE, COCOA POWDER (PROCESSED WITH ALKALI), SALT, SOY LECITHIN, NATURAL AND ARTIFICIAL FLAVOR, POTASSIUM CHLORIDE, SUCRALOSE.
CONTAINS: MILK AND SOY.

TYPICAL AMINO ACID PROFILE**
25g TOTAL AMINO ACIDS PER SERVING

2:1:1 RATIO BCAAs **5.5 g**
LEUCINE **2.7 g**
OTHER EAAs **6.3 g**

47% ESSENTIAL AMINO ACIDS (EAAs): **11.8 g**
Why Leucine? Leucine is the BCAA that is directly involved in activating Muscle Protein Synthesis.

GLUTAMINE† **4.4 g**
OTHER CEAAs **2.4 g**

27% CONDITIONALLY ESSENTIAL AMINO ACIDS (CEAAs): **6.8 g**
Is Glutamine important? Yes! Glutamine supports muscle recovery after strenuous workouts.

NON-EAAs **6.5 g**

26% NON-ESSENTIAL AMINO ACIDS (NON-EAAs): **6.5 g**
Why is non-essential... essential? Non-Essential aminos are foundational building blocks of muscle!

**All Amino Acids are naturally occurring in protein. Amounts are based on one serving. Full Amino Acid Profile can be found at: Dymatize.com
†Includes Glutamic Acid

Manufactured for and distributed by:
Dymatize Enterprises, LLC
Dallas, TX 75207 USA
(888)334-5326

MADE IN THE USA FROM DOMESTIC AND INTERNATIONAL INGREDIENTS

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

DYMATIZE.COM