

Thank you for choosing Berry C™ by Lidtke. We sincerely wish the best of health for you and your family.

Berry C- is a completely new blend of Non-GMO Vitamin C, whole-fruit extracts and whole-fruit powder of Pacific Northwest berries known to be rich in Polyphenols, Bioflavonoids, Vitamin C and other nutrients important for the immune system, skin, and eyes.*

Lidtke stands behind each product and guarantees customer satisfaction for 365 days from the date of purchase.

Best by:

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: KEEP OUT OF REACH OF CHILDREN. If you are pregnant, lactating, taking any medications, or have a medical condition, consult your doctor. Discontinue use if adverse reaction occurs. Do not use if seal is damaged or missing. Keep lid tightly closed. Keep in a cool, dry place.



LIDTKE®
Superb Quality Since 1994

Berry

**Complete
Vitamin C
with Whole Berries**

120 VEGAN CAPSULES • A DIETARY SUPPLEMENT

DIRECTIONS (Adults): Take one (1) capsule daily or as directed by your doctor.

Supplement Facts

Serving Size: 1 capsule

	Amount Per Serving	%Daily Value
Vitamin C (as ascorbic acid)	360 mg	580%
Fruit and berry extract (from fruit and berry blend**)	195 mg	*
Polyphenols (from fruit and berry blend**)	60 mg	*

Percent Daily Values are based on a 2,000 calorie diet.

* Daily Value not established

** blackberries, cranberries, grapes, blueberries, raspberries, and strawberries.

Other ingredients: Vegan capsule (hypromellose - derived from plant cellulose), microcrystalline cellulose, silicon dioxide, stearic acid

No added gluten, yeast, wheat, soy, rice, milk, eggs, nuts, fish, shellfish, sugar, preservatives, artificial color or artificial flavor. **Non-GMO** Vitamin C as certified by SGS (Switzerland).

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Adverse events may be reported above. R0816