



Bio-Balanced Bone Matrix System provides targeted, bioavailable nutrient support needed for healthy bone building and repair. Customized formulas deliver Food-Based, Calcium/Magnesium ratios with additional nutrients and digestive support for individual lifestyle needs.

Everyday Calcium™ is ideal for those with an active, demanding lifestyle and suitable for vegetarians and vegans.

1,200 mg Calcium with 1,000 IU Vitamin D, provides structure and strength to skeletal tissue, contributes to healthy bone retention and formation.*

1,200 mg Magnesium supports healthy bone metabolism, soothes muscle aches, tension and cramping.*

Plant-Source Enzymes & Botanicals support daily digestive health and nutrient utilization.*

SUGGESTED USAGE: 4 tablets daily, with or between meals. For best results, take in divided dosages with meals.

GUARANTEE: 100% Natural – Free of artificial colors, flavors, sweeteners, preservatives and other objectionable additives often found in vitamin products. **Contains no sugar, lactose/dairy, wheat, gluten or yeast.**

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Formulated & Distributed by
RAINBOW LIGHT NUTRITIONAL SYSTEMS

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RAINBOW LIGHT®

Everyday Calcium™



Food-Based Formula

1,200 mg Calcium & Magnesium

1,000 IU of Vitamin D

Enzymes & Botanicals

Vegan Guard™

120 Tablets

Dietary Supplement

Supplement Facts

Serving Size 4 Tablets

	Amount Per Serving	%DV
Vitamin D (as D ₃ Ergocalciferol)	1,000 IU	250%
Calcium (as Citrate, Amino Acid Chelate, Carbonate)	1,200 mg	120%
Magnesium (as Oxide, Amino Acid Chelate, Aspartate)	1,200 mg	300%

Absorption Support Blend

Protease	6,488 HUT	*
Amylase	2,248 DU	*
Lipase	24 LU	*
Cellulase	26 CU	*
4:1 Vegetable Juice Complex	40 mg	*

(equivalent to 160 mg of vegetable powder)
Kale, Spinach, Dandelion Greens, Beet

Betaine HCl	80 mg	*
4:1 Herbal Extracts	40 mg	*

(equivalent to 160 mg of herbal powder)
Stinging Nettle [tops], Horsetail [herb]

4:1 Digestive Herbal Extract Blend	27 mg	*
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(equivalent to 108 mg of herbal powder)
Citrus [peel], Gentian [root], Ginger [rhizome]

* Daily Value (DV) not established.

Other ingredients: natural or mineral vegetable source stearic acid (vegetable), modified cellulose, silica, magnesium stearate.
Coating: vegetable food glaze.
Contains soy lecithin in vegetable glaze.

Food-Based - Minerals - Botanicals

