

LifePak® PreNatal

FORMULATED ESPECIALLY FOR LACTATING AND PREGNANT WOMEN.

- 1. Provides full-spectrum nutritional support for mom and baby*
- 2. Provides the right balance of nutrients to help prevent potential complications of inadequate nutrition*
- 3. Delivers comprehensive bone and cardiovascular support*
- 4. Offers superior cell protection against damaging free radical attacks*
- 5. Formulated for optimum tolerance and safety*

LifePak PreNatal features a careful balance of ingredients that considers the various interactive and synergistic relationships between nutrients.

WHY YOU SHOULD TAKE LIFEPAK PRENATAL:

- It provides high, but safe levels of antioxidant vitamins C and E
- It provides 1,334 mcg of dietary folate equivalents per day. Adequate folate in healthful diets may reduce the risk of having a child with a brain or spinal cord birth defect
- It provides natural carotenoids, including beta carotene, lutein, and lycopene to neutralize free radicals
- It provides 650 mg of calcium and 350 mg of magnesium daily for proper bone health
- It provides 30 mg of iron per day to support increased blood volume
- It provides chelated zinc and other minerals that are easy on the digestive tract

Supplement your way to childbirth with LifePak PreNatal.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



LifePak® PreNatal

LifePak PreNatal is an optimal dietary supplement designed to help meet the basic and specific nutrient requirements for pregnant and lactating women.

The many health benefits of LifePak PreNatal include supporting normal hormone function, supporting normal blood flow, and promoting neural tube health in developing babies.

RECOMMENDED ADULT USE—TWO PACKETS DAILY: Take the contents of one (1) LifePak PreNatal packet with eight (8) ounces of liquid with your morning and evening meals. Discontinue 2 weeks prior to and after surgery. Discontinue use and consult a physician if any adverse reactions occur.

Do not use if shrink-wrap is damaged or missing, or if packet is broken. Store in a cool, dry place.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately. Pregnant or lactating women, diabetics, hypoglycemics, and people with known medical conditions should consult with a physician prior to taking supplements.

GUARANTEE: No added sugar, salt, wheat, yeast, or dairy products. No preservatives, artificial colors, or flavors. LifePak Prenatal is not manufactured with gluten ingredients. LifePak PreNatal conforms to the current USP requirements for disintegration for oil and water-soluble vitamins and mineral capsules.



BATCH NO.:

EXP:



LifePak® PreNatal

Optimally formulated for pregnant or lactating women*

DIETARY SUPPLEMENT
60 PACKETS



Supplement Facts

Serving Size 1 Packet

Amount per Packet	% Daily Value	Amount per Packet	% Daily Value
Vitamin A (50% as Beta Carotene (750 mcg RAE) from <i>Dunaliella salina</i> , and Vitamin A Palmitate)	1500 mcg RAE 115%	Magnesium (as Magnesium Aspartate, Magnesium Oxide, Magnesium Glycinate)	175 mg 44%
Vitamin C (as Calcium Ascorbate)	150 mg 125%	Zinc (as Zinc Bisglycinate)	10 mg 77%
Vitamin D (as Cholecalciferol)	5 mcg (200 IU) 33%	Selenium (as L-Selenomethionine)	35 mcg 50%
Vitamin E (as <i>o</i> -Alpha Tocopheryl Succinate)	50.3 mg 265%	Copper (as Copper Bisglycinate)	1 mg 77%
Vitamin K ₁ (as Phytonadione)	20 mcg 22%	Manganese (as Manganese Bisglycinate)	1.5 mg 58%
Thiamin (as Thiamine Mononitrate)	1.7 mg 121%	Chromium (as Chromium Nicotinate Glycinate)	90 mcg 200%
Riboflavin (as Riboflavin)	2 mg 125%	Molybdenum (as Molybdenum Glycinate)	37.5 mcg 75%
Niacin (as Niacin, Niacinamide)	20 mg NE 111%	Inositol	250 mg **
Vitamin B ₆ (as Pyridoxine Hydrochloride)	2.5 mg 125%	Carotenoid Blend	1.5 mg **
Folate	667 mcg DFE (400 mcg Folic Acid) 111%	Lutein (from Marigold Flower Extract)	(1 mg) **
Vitamin B ₁₂ (as Cyanocobalamin)	8 mcg 286%	Lycopene (from Tomato Extract)	(0.5 mg) **
Biotin (as Biotin)	150 mcg 429%	Boron (as Boron Citrate)	1.5 mg **
Pantothenic Acid (as <i>o</i> -Calcium Pantothenate)	10 mg 143%	Vanadium (as Vanadyl Sulfate)	10 mcg **
Calcium (as Calcium Carbonate, Calcium Citrate, Calcium Bisglycinate)	325 mg 25%		
Iron (as Iron Bisglycinate)	15 mg 56%		
Iodine (as Potassium Iodide)	75 mcg 26%		

OTHER INGREDIENTS: Gelatin, Microcrystalline Cellulose, Stearic Acid, Croscarmellose Sodium, Silicon Dioxide, Magnesium Stearate, Titanium Dioxide.

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