

URSO-X™ is a powerful new supplement containing the unique all-natural compound Ursolic Acid that has been shown in scientific studies to increase lean muscle mass and reduce body fat.*

URSO-X™ works by enhancing lean muscle insulin/IGF-I signaling and inhibiting catabolic lean muscle mRNA expression - this triggers muscle growth and inhibits catabolic activity. Along with these anabolic and anti-catabolic effects, **URSO-X™** also has a significant effect on reducing bodyfat.†*

URSO-X™ is a new state-of-the-art natural anabolic/anti-catabolic substrate designed to help you build muscle and decrease body fat faster.*

1. Cell Metab. 2011 Jun 8;13(6):627-38.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

AST Sports Science

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AST SPORTS SCIENCE

**LEAN MUSCLE • STRENGTH
BURN FAT**

BIOACTIVE
URSO-X™

**HIGH-PERFORMANCE
URSOLIC ACID**



Dietary Supplement
180 Capsules Net wt: 300 mg

NEW!

Supplement Facts

Serving Size: 2 capsules
Servings Per Container: 90

	Amount Per serving	% Daily Value
Rosemary (<i>Rosmarinus officinalis</i>) (leaf) containing 25% Ursolic Acid	600 mg	†

†Daily Value not established.

Other Ingredients: Rice flour powder, silicon dioxide, magnesium stearate and gelatin capsule (containing gelatin, FD&C blue #1, FD&C red #3, FD&C red #40, FD&C yellow #6 and titanium dioxide).

Directions for use: Take two (2) capsules three (3) times daily with meals. Continue for 6-weeks followed by 2-weeks off. Repeat cycle.

For best results, follow a high-protein, low-fat diet and combine with a high-intensity training program.

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store in a dry place and avoid excessive heat.



**More Muscle Faster
Online Now!**
www.ast-ss.com

URSO-X™ is manufactured with the utmost care and highest standards in a GMP and NSF certified facility.