



Only
1g of Sugar
per Serving



CHEWABLE

**VITAMIN C
500 mg**

**NATURAL CRAN-RASPBERRY
FLAVOR†**

DIETARY SUPPLEMENT

1 CHEWABLE TABLET

SUITABLE FOR VEGETARIANS



ANTIOXIDANT

Solgar Chewable Vitamin C Tablets deliver a daily dose of Vitamin C in a delicious new way, with only one gram of sugar per serving. Vitamin C is known as a powerful antioxidant, which plays a role in many areas of the body. Importantly, Vitamin C supports oral health by helping to maintain healthy teeth and gums.††

NOT FOR RETAIL SALE

Supplement Facts

Serving Size 1 Chewable Tablet

Amount Per Serving		%DV
Calories	10	
Total Carbohydrate	2 g	<1%*
Sugars	1 g	**
Vitamin C	500 mg	833%
(as L-ascorbic acid, sodium ascorbate, calcium ascorbate)		
Sodium	30 mg	1%
Acerola Extract (fruit)	10 mg	**
Rose Hips (fruit)	4 mg	**

* Percent Daily Values (DV) are based on a 2,000 calorie diet.
** Daily Value (DV) not established.

Other Ingredients: Sucrose, Fructose, Xylitol, Microcrystalline Cellulose, Natural Flavors, Red Beet (color), Vegetable Magnesium Stearate, Silica, Xanthan Gum, Vegetable Stearic Acid, Carrageenan.
SUGGESTED USE: As a dietary supplement for adults, take one (1) chewable tablet daily, or as directed by a healthcare practitioner.

If you are pregnant, nursing, taking any medication or have a medical condition, please consult your healthcare practitioner before taking any dietary supplement.

Solgar's Chewable Vitamin C 500 mg Adult Chewable Tablets are free of yeast, wheat, soy and dairy and are formulated without the use of preservatives, artificial flavors or colors.

To assure freshness and potency, store at room temperature 15°-30°C (59°-86°F). Store away from heat, light and moisture.

Formulated for adults.
Keep out of reach of children.

† With other natural flavors.

†† These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For more information, call toll-free, 1-877-SOLGAR 4.

Carefully Manufactured By:
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