

Solgar's L-Theanine Complex Vegetable Capsules are free of yeast, wheat, soy, dairy products and gluten and are formulated without the use of artificial preservatives, flavors or colors.

To assure freshness and potency, store at room temperature 59°-86°F (15°-30°C). Store away from heat, light and moisture.

DO NOT USE IF OUTER BOTTLE SEAL IS MISSING, TORN OR DAMAGED IN ANY WAY.

For more information, call toll-free 1-877-SOLGAR 4

www.solgar.com



L-THEANINE COMPLEX

DIETARY SUPPLEMENT

60 VEGETABLE CAPSULES

SUITABLE FOR VEGETARIANS
SUGAR, SALT AND STARCH FREE

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving

L-Theanine (Suntheanine®)	120 mg*
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GABA	100 mg*
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Valerian Root Powdered Extract (4:1) (<i>Valeriana officinalis</i>)	100 mg*
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*Daily Value not established.

Other Ingredients: Vegetable Cellulose, Silica, Vegetable Magnesium Stearate.

SUGGESTED USE: As a dietary supplement for adults, take one (1) vegetable capsule two (2) times daily, preferably at mealtimes, or as directed by a healthcare practitioner.

If you are pregnant, nursing, taking any medication or have a medical condition, please consult your healthcare practitioner before taking any dietary supplement.

Keep out of reach of children.

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CAREFULLY MANUFACTURED BY:
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