SUGGESTED USE: 1 CAPSULE, 1 OR 2 TIMES PER DAY OR AS DIRECTED BY YOUR HEALTHCARE PROFESSIONAL.

WARNING: DO NOT USE IF PREGNANT OR NURSING. IF TAKING MEDICATION, CONSULT A PHYSICIAN BEFORE USING

> Manufactured For: Moss Nutrition Products. Inc. 380 Russell Street Hadley, MA 01035 800-851-5444



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Stress Balancing Adaptogen*

Dietary Supplement 90 Vegetarian Capsules

Supplement Facts

Serving Size: 1 Capsule Servings Per Container: 90

% Daily Amount Per Serving Valué Ashwagandha whole plant extract 500 mg

** Daily Value not established.

Other ingredients: Cellulose (capsule), vegetable stearate, microcrystalline cellulose, silicon dioxide.

(Withania somnifera) (7% Withanolides)

Does not contain gluten.

KEEP OUT OF REACH OF CHILDREN. STORE SEALED IN A COOL, DRY PLACE.