Solgar's Selenium Tablets are free of corn, wheat, soy and dairy products and are formulated without the use of preservatives, artificial flavors or colors.

To assure freshness and potency, store at room temperature 15°-30°C (59°-86°F). Store away from heat, light and moisture. Formulated for adults

Keep out of reach of children.

Solgar's KOF-K certification #K-1250

Carefully Manufactured By: Solgar Vitamin and Herb Leonia, N.J. 07605 U.S.A.

For more information, call toll-free 1-877-SOLGAR 4



SELENIUM 50 mcg

DIETARY SUPPLEMENT

250 TABLETS SUITABLE FOR VEGETARIANS SUGAR, SALT AND STARCH FREE



Supplement Facts

Serving Size i Tablet		
Amount Per Tablet		%D\
Selenium	50 mcg	71%
(as primary grown year	st)	

Other Ingredients: Saccharomyces cerevisiae (Baker's Yeast, Brewer's Yeast), Silica, Vegetable Stearic Acid.

SUGGESTED USE: As a dietary supplement for adults, one (1) to four (4) tablets daily, preferably at mealtimes, or as directed by a healthcare practitioner.

If you are pregnant, nursing, taking any medication or have a medical condition, please consult your healthcare practitioner before taking any dietary supplement.

This product contains selenium in the organically bound natural form, as found in many foods.

DO NOT USE IF OUTER BOTTLE SEAL IS MISSING, TORN OR DAMAGED IN ANY WAY

