

Solgar's SAME (S-Adenosyl-L-Methionine) Tablets are free of corn, yeast, wheat, soy, dairy products and gluten and are formulated without the use of artificial preservatives, flavors or colors.

To assure freshness and potency, store at room temperature 59°-86°F (15°-30°C) Store away from heat, light and moisture.

S-Adenosyl-L-Methionine is an important sulfur-containing amino acid derivative.

Solgar's KOF-K certification #K-1250

DO NOT USE IF OUTER BOTTLE SEAL IS MISSING, TORN OR DAMAGED IN ANY WAY.

For more information, call toll-free
1-877-SOLGAR 4

www.solgar.com

02488US06RB

ENTERIC
COATED


Since 1947

SAMe
200 mg

(S-ADENOSYL-L-METHIONINE)
DIETARY SUPPLEMENT
30 TABLETS

SUITABLE FOR VEGETARIANS
SUGAR AND STARCH FREE



CAREFULLY MANUFACTURED FOR:
SOLGAR VITAMIN AND HERB,
LEONIA, N.J. 07605 U.S.A.

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving

SAMe	200 mg*
(as S-adenosyl-L-methionine tosylate disulfate)	

*Daily Value not established.

Other Ingredients: Vegetable Cellulose,
Mannitol, Methacrylic Acid, Citric Acid, Glyceryl
Vegetable Stearic Acid, Silica, Titanium
Dioxide.

SUGGESTED USE: As a dietary
supplement for adults, take one (1)
tablet daily with a carbohydrate

snack, or as directed by a healthcare
practitioner.

If you are pregnant, nursing, taking any
medication or have a medical condition, please
consult your healthcare practitioner before
taking any dietary supplement.

Keep out of reach of children.

This product should not be used by
individuals with bipolar disorder. If you are
taking anti-depressant drugs (such as
MAOI's or SSRI's) consult your doctor
before taking.

