SUGGESTED USE: As a dietary supplement, take 1 scoop with 6-7 oz of water or milk and stir, shake or blend for 30 seconds before workout or as directed by the practitioner. Store in a cool, dry place.

Ingredients: Whey Protein Blend (Whey Protein Isolate & Whey Protein concentrate), Natural Chocolate & Artificial Flavors, Lecithin, Salts, Xanthan Gum, Sucralose & Lactose.

Allergy Notice: Contains Whey derived from Dairy and Lecithin derived from Soy.

These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.



© Exclusively Manufactured for Goliath Labs 120 Wood Rd. • Kingston, NY 12401

goliathlabs.com • (772) 291-7510



PER SERVING

ALANINE 1444mg

1674ma ASPARTATE 1740mg 939mg

4000ma

634mg

1929mg ISOLEUCINE LEUCINE 1758ma

1813mg VALINE

1663mg LYSINE

METHIONINE 609ma

PROLINE

PHENYLALANINE

THREONINE 1898mc

TRYPTOPHAN

638mg SERINE 1379ma 480mc 864ma

GOLIATH LABS.

PERFORMANCE SERIES

COLD FILTERED 100% WHEY PROTEIN**

RAPID AMINO ACID DELIVERY**

MOST BIOLOGICALLY AVAILABLE WHEY**

STRAWBERRY SMOOTHIE

4G GLUTAMINE

5.5G BCAA'S

25g PURE PROTEIN

0g TRANS FAT



Iron





Supplement Facts

Serving Size 1 scoop (33.5g) Servings Per Container about 68

Amount Per Serving	
Calories 121	Calories from Fat
	%Daily Value
Total Fat 1g	1.5%
Saturated Fat 0.5g	2.5%
Trans Fat Og	(2)
Cholesterol 50mg	16.7%
Sodium 60mg	2.5%
Total Carbohydrate	3g 1%
Dietary Fiber 1g	4%
Sugars Og	
Protein 25g	
Calcium 139mg	15%
Vitamin A	0%
Vitamin C	0%

* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
otal Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
holesterol	Less than	300mg	300mg
odium	Less than	2,400mg	2,400mg
otal Carb		300g	375g
Dietary Fiber	S.	25g	30g

DIETARY SUPPLEMENT | NET WEIGHT: 5 LBS (800z) 2,268g